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# BOARD OF MANAGERS

**Bingham**  
801.256.5100  
(fax) 801.256.5151  
2160 W 10400 S  
South Jordan, UT 84095  

PRINCIPAL:  
Chris Richards-Khong  
ATHLETIC DIRECTOR:  
Andee Bouwhuis  
Joel Sato  

**Brighton**  
801.826.5800  
(fax) 801.826.5809  
2220 E. Bengal Blvd.  
Salt Lake City, UT 84121  

PRINCIPAL:  
Charisse Hilton  
ATHLETIC DIRECTOR:  
Lynn Moncur  

**Copper Hills**  
801.256.5300  
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West Jordan, UT 84088  

PRINCIPAL:  
Todd Quarnberg  
ATHLETIC DIRECTOR:  
Darby Coles  

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(fax) 385.646.5266  
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Murray, UT 84121  
PRINCIPAL:  
Terri Rolance  
ATHLETIC DIRECTOR:  
Matt Baumann  

**Jordan**  
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95 E Beetdigger Blvd  
Sandy, UT 84070  

PRINCIPAL:  
Tom Sherwood  
ATHLETIC DIRECTOR:  
Brandon Watts  

**Taylorsville**  
385.646.5455  
(fax) 385.646.5457  
5225 S Redwood Rd  
Taylorsville, UT 84123  

PRINCIPAL:  
Dr. Garrett Muse  
ATHLETIC DIRECTOR:  
Margo Jones  

**West Jordan**  
801.256.5600  
(fax) 801.256.5670  
8136 S 2700 W  
West Jordan, UT 84088  

PRINCIPAL:  
Mike Kochevar  
ATHLETIC DIRECTOR:  
Scott Briggs
<table>
<thead>
<tr>
<th>Activity</th>
<th>School</th>
<th>Chairperson</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>West Jordan</td>
<td>Tom Gatten</td>
<td><a href="mailto:Thomas.gatten@jordandistrict.org">Thomas.gatten@jordandistrict.org</a></td>
</tr>
<tr>
<td>Basketball (boys)</td>
<td>Cottonwood</td>
<td>Geoff Murdock</td>
<td><a href="mailto:gmurdock@graniteschools.org">gmurdock@graniteschools.org</a></td>
</tr>
<tr>
<td>Basketball (girls)</td>
<td>Brighton</td>
<td>Kelli Miller</td>
<td><a href="mailto:Kelli.miller@canyonsdistrict.org">Kelli.miller@canyonsdistrict.org</a></td>
</tr>
<tr>
<td>Cross Country</td>
<td>Bingham</td>
<td>Mike Hutchings</td>
<td><a href="mailto:Michael.hutchings@jordandistrict.org">Michael.hutchings@jordandistrict.org</a></td>
</tr>
<tr>
<td>Cheerleading</td>
<td>Bingham</td>
<td>Jenicee Jacobson</td>
<td><a href="mailto:Jenicee.jacobson@jordandistrict.org">Jenicee.jacobson@jordandistrict.org</a></td>
</tr>
<tr>
<td>Drama</td>
<td>Tylorsville</td>
<td>Emee Lidell</td>
<td><a href="mailto:Eliddell@graniteschools.org">Eliddell@graniteschools.org</a></td>
</tr>
<tr>
<td>Drill</td>
<td>Jordan</td>
<td>Jana Crist</td>
<td><a href="mailto:Jana.crist@canyonsdistrict.org">Jana.crist@canyonsdistrict.org</a></td>
</tr>
<tr>
<td>Football</td>
<td>Bingham</td>
<td>Bryan Veazie</td>
<td><a href="mailto:Bryan.veazie@jordandistrict.org">Bryan.veazie@jordandistrict.org</a></td>
</tr>
<tr>
<td>Forensics/Debate</td>
<td>Bingham</td>
<td>Mike Hughes</td>
<td><a href="mailto:Michael.hughes@jordandistrict.org">Michael.hughes@jordandistrict.org</a></td>
</tr>
<tr>
<td>Golf (boys)</td>
<td>West Jordan</td>
<td>Mike Kochevar</td>
<td><a href="mailto:Michael.kochevar@jordandistrict.org">Michael.kochevar@jordandistrict.org</a></td>
</tr>
<tr>
<td>Golf (girls)</td>
<td>Copper Hills</td>
<td>Jim Groethe</td>
<td><a href="mailto:James.groethe@jordandistrict.org">James.groethe@jordandistrict.org</a></td>
</tr>
<tr>
<td>Music (Instrumental)</td>
<td>Cottonwood</td>
<td>Heather Sonne</td>
<td><a href="mailto:hsonne@graniteschools.org">hsonne@graniteschools.org</a></td>
</tr>
<tr>
<td>Music (Vocal)</td>
<td>West Jordan</td>
<td>John Vincent</td>
<td><a href="mailto:John.vincent@jordandistrict.org">John.vincent@jordandistrict.org</a></td>
</tr>
<tr>
<td>Soccer (boys)</td>
<td>Jordan</td>
<td>Steve Bailey</td>
<td><a href="mailto:Steven.bailey@canyonsdistrict.org">Steven.bailey@canyonsdistrict.org</a></td>
</tr>
<tr>
<td>Soccer (girls)</td>
<td>Copper Hills</td>
<td>Glen Varga</td>
<td><a href="mailto:Glen.varga@jordandistrict.org">Glen.varga@jordandistrict.org</a></td>
</tr>
<tr>
<td>Softball</td>
<td>Taylorsville</td>
<td>Waisea Lesuma</td>
<td><a href="mailto:wmlesuma@graniteschools.org">wmlesuma@graniteschools.org</a></td>
</tr>
<tr>
<td>Swimming</td>
<td>Brighton</td>
<td>Matthew Schelble</td>
<td><a href="mailto:Matthew.schelble@canyonsdistrict.org">Matthew.schelble@canyonsdistrict.org</a></td>
</tr>
<tr>
<td>Tennis (boys)</td>
<td>Brighton</td>
<td>Charisse Hilton</td>
<td><a href="mailto:Charisse.hilton@canyonsdistrict.org">Charisse.hilton@canyonsdistrict.org</a></td>
</tr>
<tr>
<td>Tennis (girls)</td>
<td>Brighton</td>
<td>Charisse Hilton</td>
<td><a href="mailto:Charisse.hilton@canyonsdistrict.org">Charisse.hilton@canyonsdistrict.org</a></td>
</tr>
<tr>
<td>Track</td>
<td>Copper Hills</td>
<td>Gail Ritz</td>
<td><a href="mailto:Gail.ritz@jordandistrict.org">Gail.ritz@jordandistrict.org</a></td>
</tr>
<tr>
<td>Volleyball</td>
<td>Copper Hills</td>
<td>Kevin Barton</td>
<td><a href="mailto:Kevin.barton@jordandistrict.org">Kevin.barton@jordandistrict.org</a></td>
</tr>
<tr>
<td>Wrestling</td>
<td>Jordan</td>
<td>Tom Sherwood</td>
<td><a href="mailto:Tom.sherwood@canyonsdistrict.org">Tom.sherwood@canyonsdistrict.org</a></td>
</tr>
<tr>
<td>Sportmanship</td>
<td>Brighton</td>
<td>Heidi Long</td>
<td><a href="mailto:Heidi.long@canyonsdistrict.org">Heidi.long@canyonsdistrict.org</a></td>
</tr>
</tbody>
</table>
GENERAL POLICIES

ADMISSION FEES and TICKETS

- $4.00 visiting high school students with activity card and other school age children.
- $6.00 adults and high school students without activity card.
- $20.00 family Pass—Available at home school only. Family members within the immediate household (limit 6).
- Free Admission:
  - Home team students with activity cards—region games only.
  - Staff members of Region III schools with Region III passes and persons with UHSAA passes.
  - Senior Citizens (62 or over).
  - Cheerleaders, Pep Club, and Drill Team members in uniform.
  - Student officers in school sweaters and with SBO pass.
  - Children under school age.

- Tickets will be sold at Varsity Football, Boys' Basketball and Girls' Basketball games.
- Tickets will be sold through at least three (3) quarters of the varsity activity.
  - Admission Fee Schedule will apply.
  - Ticket sales will begin:
    - Football: 1 hour before varsity starting time
    - Basketball: 15 minutes prior to the start of the first game.
- Tickets will be sold at Region Tournaments in swimming, wrestling, track, and drill team.
- Admission will be charged at all State Playoff games as per UHSAA guidelines.

SUPERVISION of REGION ACTIVITIES, TOURNAMENTS and MEETS

Any school hosting a Region Tournament, dual competition or activity is responsible for providing adequate administrative supervision of the activity. Although it is the responsibility of the chairperson of each individual activity to see that Region Tournaments and Meets are planned and well organized, it is the responsibility of the host school to provide adequate general supervision for the activity. If the host school is not the school of the chairperson, there should be a clear understanding between the activity chairperson and the host principal regarding the activity. In any case, the host school must provide general supervision for activities taking place in that school. Region Chairs will not be compensated for time to administrate their region activity assignment. (revised 2/25/09)

ACCOMMODATIONS for VISITING TEAMS

All dressing room facilities must be left in a clean and orderly manner. Visiting teams must bring their own towels. The visiting head coach will check facilities prior to departure of the visiting team. If a head coach receives a key to dressing room facilities from the home school, the key should be returned to the home school or Athletic Director.

OFFICIALS

Any misconduct of officials, including failure to show, or tardiness is to be reported to the home school's AD/Administration. A detailed report including names and improper conduct shall be submitted in writing to the Region III Board of Managers, the UHSAA office, and the arbiter involved. The host school should show the referees where the dressing rooms are located.
ACADEMIC ELIGIBILITY:

(By-Laws: Article I; Section 1 a-d; Section 7, Section 8; Interpretations/Guidelines: #4 - #7 inclusive)

To participate in any UHSAA Region III or State interscholastic competition, an individual must be a full-time student in the school at which he/she has established eligibility. No student shall be eligible to represent his/her school if he/she is failing more than one subject or has a GPA of less than 2.0. Where a student has failed to meet the minimum requirements set forth above, he/she shall also be ineligible for participation in UHSAA or Region III activities in the succeeding grading period. Incompletes are computed as F’s for eligibility.

- No student who is ineligible for a grading period should represent the school in any pre-season or practice contests with Varsity, Junior Varsity, Sophomore or Freshman teams.
- Eligibility under this rule is determined when grades are posted. Grades are “posted” when the school registrar enters all grades electronically and are available to students, parents and teachers. In no case may the posting date be more than 5 school days following the last day of the grading period. Grade changes after that time cannot restore lost eligibility, except for a documented clerical error.
- An incomplete (I), no grade (NG), or no credit (NC) is considered a failure until the grade is made up.
- The final grading period is defined as the date report cards are posted by the school for the last grading period of the school year.
- A student enters high school when he/she enters the 9th grade regardless of whether the 9th grade is in the high school or a separate junior high school. This means that all 9th or 10th grade students must not have failed more than one class the previous grading period and have a GPA 2.0 or higher.
- The word "represent" shall be as defined below. Any violator of the Scholastic Eligibility Bylaw shall not:
  - Be in uniform on competition night.
  - Warm-up with the team.
  - Sit on the bench with the team.
  - Be listed on the program roster.
  - Be introduced as a member of the team.
  - The above student/participant may, however continue to practice with his/her team upon approval of school administration. TA letter grades with the exception of failing grades will not be calculated as a part of a student’s GPA in determining eligibility. It is recommended that in considering makeup credit for academic eligibility, a required course must be made up with a similar required course. Elective courses may be made up with other elective or required courses.
- A student who has failed to meet the minimum requirements set forth shall be ineligible for participation in UHSAA activities throughout the next grading period, provided, however, that deficiencies in the final grading period of the school year may be made up prior to the first term of the succeeding year by any method acceptable to the school district or the member private school. Deficiencies must be made up in the same subject area. Deficiencies for purposes of this rule include any letter grade. No other make up work is accepted to gain academic eligibility during the school year.
POLICIES RELATING to COACH and STUDENT BEHAVIOR in Region III Activities

Sportsmanship (UHSAA Section 24 of Interpretations/Guidelines)
1. Administrators, teachers, coaches, and all participants, should emphasize sportsmanship in all preseason, region, or state competitions.
2. Unsportmanlike behavior policy:
   Any coach, player or bench personnel ejected for unsportsmanlike behavior shall be suspended from the next regularly scheduled game at that level of play (Varsity, J.V., etc.) and any intervening levels of play.
   Examples:
   • If ejected from a J.V. game, player or coach cannot participate in the following Varsity game nor the next J.V. game.
   • If ejected from a Varsity game, player or coach cannot participate in the following J.V., nor the next Varsity game.
   • If the coach or participant is involved in a second incident/ejection, he/she will be suspended for the next two (2) regularly scheduled games.
   • A third ejection would result in suspension for the remainder of that season. Ejection occurring on the final game of the season will carry over for all underclassman or coach to the first game of the succeeding season in that sport.
   • If a player or coach is ejected from a contest for fighting, or other violent behavior, that player or coach shall be suspended for not fewer than two (2) regularly scheduled games or contests at that level of play. In addition the incident shall be reported to the school, district, and UHSAA which may impose additional penalties consistent with the school's disciplinary policies.

Bands and Drums
1. Pep band will be provided by the host school only. Exceptions only by mutual agreement. During basketball games, pep bands are to play during regulation time-outs, quarters and half-times only. Advisors must be present at all times.
2. Drums are to be used only to play with the band, as part of an organized cheer, and to be part of the pep club’s marching activities. Drums are not to be used indiscriminately as noisemakers.

Cheerleaders/Mascots Conduct:
Cheerleaders will follow all guidelines listed in the General Policies of the Region III Manual and those stated in the Cheerleading Policies.

Permitted Student and Spectator Conduct:
1. Other than authorized spirit groups (cheerleaders, drill team) no spectators will be allowed on the sidelines, field or floor during game time, quarters, or half-time, or pre-game. Students will not sit on the front row of the bleachers during the game.
2. The throwing of any objects, including confetti, torn paper scraps, crepe paper, toilet tissue, etc., is not allowed.
3. In the chart, only those items marked “YES” will be allowed as fan/spectator sport items at all region contests.
   It is recommended that schools follow these regulations during the regular season and in Region Tournaments. Sportsmanlike vocal cheering and support from each bench are always encouraged.
The items indicated on this chart are guidelines for spectators.

<table>
<thead>
<tr>
<th>Item</th>
<th>Baseball</th>
<th>Basketball</th>
<th>Cross Country</th>
<th>Drill Team</th>
<th>Football</th>
<th>Golf</th>
<th>Soccer</th>
<th>Softball</th>
<th>Swimming</th>
<th>Tennis</th>
<th>Track &amp; Field</th>
<th>Volleyball</th>
<th>Wrestling</th>
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</thead>
<tbody>
<tr>
<td>Wall banners except for welcome or corporate sponsors</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
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<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
</tr>
<tr>
<td>Confetti/shredded paper</td>
<td>N</td>
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<td>N</td>
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<td>Hand-held signs of any size</td>
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<td>N</td>
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<td>Laser light/pointer</td>
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<td>Miniature sports balls thrown into crowd</td>
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<tr>
<td>Megaphones</td>
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<td>Y</td>
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<td>Y</td>
<td>N</td>
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<tr>
<td>Artificial noise makers (horns, cowbells, bells, buzzers, clickers)</td>
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<td>N</td>
<td>Y</td>
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<td>Y</td>
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<tr>
<td>Whistles</td>
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<tr>
<td>Shirts on fans</td>
<td>Y</td>
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<td>Y</td>
<td>Y</td>
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<td>Y</td>
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<td>Y</td>
<td>Y</td>
<td>Y</td>
<td>Y</td>
<td>Y</td>
</tr>
<tr>
<td>Pom-poms, shakers, spirit towels</td>
<td>Y</td>
<td>Y</td>
<td>Y</td>
<td>Y</td>
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<td>Y</td>
<td>Y</td>
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<td>Y</td>
<td>Y</td>
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<td>Y</td>
</tr>
<tr>
<td>Recorded music over PA w/approval only</td>
<td>Y</td>
<td>Y</td>
<td>Y</td>
<td>Y</td>
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<td>Y</td>
<td>Y</td>
<td>Y</td>
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</tr>
<tr>
<td>School bands</td>
<td>N</td>
<td>Y</td>
<td>N</td>
<td>N</td>
<td>Y</td>
<td>N</td>
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<td>N</td>
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<tr>
<td>Air horns/sirens</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
<td>N</td>
</tr>
</tbody>
</table>

**Region III Sportsmanship Code of Conduct:**

(This statement should be read prior to every region event)

*Ladies and Gentlemen, Region III and the Canyons and Jordan School Districts are proud to sponsor this game (event) today between __________________ and __________________ high schools. It is our mission to encourage the highest in athletic and sportsmanship standards. All players, coaches, students and other spectators are expected to be courteous to their opponents, their fans and their cheerleaders. To be respectful of officials’ decisions and to display appreciation for good performance regardless of the team. A region sportsmanship trophy will be presented at the close of this school year to the school that is judged to be most gracious in both victory and defeat. Enjoy the game (event) and represent your school with dignity."

**Pre-Game, Half-Time and Post-Game Activities**

1. The game announcer is an official of the game and is to announce the game in a neutral manner. His or her purpose is not to influence or incite the crowd.
2. The starting line-up may be introduced prior to the activity. A well-planned flag ceremony should be presented.
   - All activity should come to a halt immediately when the flag ceremony begins. Headgear should be removed. Activity should remain suspended until the flag ceremony is over.
   - The announcer should call everyone to attention as the flag enters the arena.
   - All tickets and concession sales should cease. No one should be admitted during the flag ceremony. The doors should be closed where possible.
3. Football half-time: Host performing group has 10 minutes which includes time to get on and off the field.
   - Exceptions can be made by mutual agreement for special occasions.
   - Any exception to the time limit must be approved by the visiting team administration one (1) week in advance.
4. Basketball half-time: Maximum of seven (7) minutes for half-time entertainment which includes time to get on and off the floor.
   • Exceptions: (Same as Football).
5. Parades involving floats are not allowed during the time both schools are present.
6. A supervisor must be present when student groups perform.
7. Coaches are responsible for the conduct of their athletes. No team or individual activity will be conducted that could belittle or humiliate opponents, including organized post-game demonstrations on any floor or field. Infractions will be referred to the Region III Board of Managers for disciplinary action.
8. Any senior recognition at end of season cannot delay start of game. **Recognitions are limited to 10 minutes and must be mutually agreed upon by the visiting school.** Violations will be referred to the Region III Board of Managers for possible sanctions.

### Banners and Signs
1. No negative banner or posters of any nature will be displayed in the area of competition. A sign welcoming the visiting team is encouraged.
2. A sign of a positive nature for the home teams to run through will be allowed.
3. Each School may hang one (1) school banner at the Region Championship Meet; the maximum size for this banner being 5' x 8'. No other signs or banners will be allowed at the Region site.
4. No banners or signs are allowed at any State competition site.

### Change of Time and Date
1. A change of time of an activity may be effected through mutual agreement of both schools (coach, principal and athletic director). The host school must notify the arbiter of the change in time for him to notify the officials.
2. The host Region III school changing a game outside of Region III must also notify other Region III schools. All officials (Varsity, J.V., Sophomore) will be arbited by UHSAA. Call changes to UHSAA offices.
3. A change of date must be approved by the Board of Managers after a mutual agreement is reached between schools concerned.
4. All costs associated with changing the time and date of a contest will be incurred by the school requesting the change. Both schools are to agree to the change before a change can occur.

### Game Starting Times and Participant Regulations
No sports activity may begin before 3:30 p.m. on a school day. However, Varsity football may not start before 4:00 p.m. through October 1, thereafter, games may start at 3:30 p.m.

### Ties of Standings (For all Athletic Activities except Drill Team)
1. In the event of a tie between teams qualified for state tournament positions, the seed will be determined by the win/loss records in region play of the teams involved in the tie (head to head among tied teams).
2. If the tie still exists, the seed will be determined by comparing each team’s record against the team with the highest region finish or next highest, etc. until the tie is resolved.
3. Once a team has been awarded a seed they are no longer part of the tie-breaking scenario. After this process, if only two teams remain the remaining two teams will be seeded based on head to head competition. If a tie still exists, a coin flip will be conducted under the direction of the Region Activity Chairperson. In the event of multiple teams tied that cannot be resolved as described above, all teams will flip coins with the team flipping the “odd coin” receiving the higher seed. The coin flip procedure will only be used as a last resort.
4. In the event of multiple teams tied for fewer playoff berths than teams tied, the tie-breaking procedure as described above will be used until only two teams remain. The final two teams will play-off in a game to determine entry into the State Tournament.
5. If multiple teams tie for one playoff spot, all teams will play in a format that best suits the specific sport. Refer to the individual sport for multiple team playoff guidelines and procedures.
6. In the event that the above process fails to resolve a tie, region principals will convene for the purpose of a coin flip to determine seed. The winner of the coin flip will take the higher seed.

**NO TIED TEAM WILL BE ELIMINATED FROM STATE PLAYOFF PARTICIPATION WITHOUT THE OPPORTUNITY OF A PLAYOFF GAME.**
**Moratorium**
$300.00 fine, not to be paid by the school, may be assessed to the coach of any sport which is in violation of designated moratorium/dead times days. (Reference the UHSAA calendar.) The building principal will be responsible for any sanctions.

**Seeding meetings or other meetings**
Reimbursement expenses for region meetings or other activities may not exceed $10.00 per person, one representative per school and only one meeting per year. Expenditures above this limit must have prior approval by the Region Board of Managers.

**Number of Games**
Teams which exceed the number of games allowed in any season will forfeit from their region schedule the number of games exceeding the limit, beginning with game number one and proceeding on until the excess number is equaled.

**Failure to Participate**
The failure of a team to participate in a scheduled contest without prior mutual consent and board approval at all levels, including Varsity, J.V., Sophomore, etc., will result in a fine of $100 payable to the Region Board plus reimbursement for the cost of any officials.

**Duties of Region Chairpersons**
1. Conduct all meetings pertinent to respective activity.
2. Coordinate and manage all region competitions and tournaments of respective activity.
3. Select and honor respective All-Region teams where applicable.
4. Be direct liaison to Region Board of Managers
5. Be responsible for all awards, trophies, medals, etc. pertinent to respective activity.

**Undue Influence Rule, violation**
1. If there is clear evidence that a coach has violated the Undue Influence Rule of the By-Laws section 9 of the UHSAA Manual, he/she will appear before the Region Board of Managers and may, under the direction of the UHSAA, receive any or all of the following for the first violation:
   • A letter of reprimand
   • Suspension
   • Fine
2. If a coach is proven to have violated the Undue Influence Rule a second time, the coach will be suspended a minimum of three contests or one half of the remaining region schedule (whichever is the greater).
3. A third violation will mean suspension for the remainder of the current season.

**Penalties**
Region III upon having knowledge of an infraction of a rule or policy in assessing penalties may initiate action. Region III may consider any of the following:
1. Forfeiture of contests because of rules violations, etc.
2. Reprimand by official letter to individual(s) and/or school in regard to the offense committed with a warning to correct the situation(s).
3. Probation of individual(s) and/or school by official letter advising parties of the probationary status and the conditions of the probation.
4. Restrictions which would restrict individual(s) and/or school in region, group or state activities.
5. Suspension would result in dropping the school from membership in region activities for a specific time period.
6. Fines to the coach, principal and/or school may be assessed.

**All penalties imposed by the Region Board of Managers are final.**
**Trophies & Awards**

**Baseball**
One Region Trophy

**Basketball (Boys and Girls)**
One Region Trophy each

**Cross Country (Boys and Girls)**
One Region Meet Trophy each 10 Medals for places 1-10 Certificates for J.V. places 1-10

**Drama**
Six 4x6 Plaques - Outstanding Performances in Region
One-Act Plays
100 Individual Superior Ranking Medals

**Drill Team**
One Region Trophy
Plaques—1st, 2nd and 3rd place in each category: dance, military, and novelty or prop
Three drill down plaques for 1st, 2nd and 3rd places
Certificates for State Qualifiers

**Football**
One Region Trophy

**Forensics/Debate**
One Region Trophy See page 45 for list of other awards

**Boys and Girls Golf**
One Region Trophy
10 Medals for 10 low medalists

**Music**
Certificates for Superior (I)
Ratings in Orchestral, Large Choir, Madrigals, Solo & Ensemble, and Jazz Band Festivals.
Certificates for all participating bands according to rating in Region Marching Band competition. The Region Marching Band competition will also include trophies for Music Caption, Visual Caption, Percussion Caption, and Drum Major.

**Soccer (Boys and Girls)**
One Region Trophy each

**Softball**
One Region Trophy

**Swimming (Boys and Girls)**
One Region Trophy each
Six Medals for places 1st – 6th individual and 1st and 2nd in relays

**Tennis (Boys and Girls)**
One Region Trophy each
28 Medals for girls and 28 Medals for boys
Medals:
1st – 4th place in 5 categories: 1st singles; 2nd singles;
3rd singles; 1st doubles; 2nd doubles

**Track (Boys and Girls)**
One region Meet Trophy each
Medals for places 1st – 6th individual and 1st and 2nd relays
Certificates for Sophomore 1st – 6th places individuals and 1st place relays

**Volleyball**
One Region Trophy

**Wrestling**
One Region Trophy for Dual Meet
JV Certificates 1st- 4th place, Supplied by host school

*Divisional takes place of Region Tournament. Medals for 1st-8th place provided by host school & 5A Regions.
Contest Limitations

A. Any meet, game or competitive activity in which one or more students participate counts toward the contest limitations listed below for that activity.

B. The following contest limitations apply from the starting date of competition until the first day of the state tournament in each classification. This applies to all levels of competition, i.e., varsity, J.V., sophomore and freshmen. State qualifying region tournaments do not count in the contest limitation total (see basketball exception below).

1. Baseball: 22 games. Each game played counts as one (1) game. Schools may exercise one of the following options during the season: play one (1) multi-game tournament and count it as two (2) games (up to a maximum of four games, if the tournament exceeds four games, any additional games would count “one for one” against contest limitations); and play one (1) non-region double header on a non-school day for both schools and count it as one (1) game OR they can play two (2) non-region double headers on non-school days and count each double header as one (1) game.

2. Basketball: Varsity—20 games. All non-varsity may play a maximum of 20 total games. Note: Each game played counts as one (1) game. Each team is allowed to attend one tournament where they may play up to 4 games and count it as two contests toward the 20 game allotment. A tournament must be sanctioned as per UHSAA guideline and occur on consecutive days (excluding Sunday). If the tournament exceeds four games, any additional games would count “one for one” against contest limitations.


4. Girls Drill Team: Three (3) competitions. Does not include region or state.

5. Football: Nine (9) games.


7. Soccer: 16 games. Each game played counts as one game. Each team is allowed to attend one tournament where they may play up to three games and count it as two contests toward the contest limit. A tournament must be sanctioned as per UHSAA guidelines and occur on consecutive days (excluding Sunday). If the tournament exceeds three games, any additional games would count “one for one” against contest limitations.

8. Softball: 22 games. Each game played counts as one game, except for the games played under the two tournament exemption rule which allows schools two tournaments, at least one must be a non-school single day tournament, where all games played count as a single game (a maximum of four games may be played) and one multi-day tournament, where all games played count as two games (a maximum of eight games may be played in a multiple day tournament). If the maximum number of games is exceeded, in either tournament, each additional game would count “one for one” against contest limitations.


10. Tennis: 14 meets per individual. The number of meets counted for a tennis tournament shall be equal to the number of days scheduled for the tournament; e.g., a one (1) day tournament shall count as one (1) meet, a two (2) day tournament shall count as two (2) meets, etc.
11. Track: 12 meets per individual. An individual may participate in no more than 6 qualifying meets in addition to the region meet.

12. Volleyball: One of the following three options may be chosen:
   a. 16 matches and 0 tournaments
   b. 15 matches and 1 tournament
   c. 14 matches and 2 tournaments

   The following guidelines pertain to the tournaments: no more than nine (9) total matches in a tournament, no more than seven (7) matches in a given day and tournaments may not exceed three (3) days in length.

13. Wrestling: 24 credits per wrestler. All tournaments count as three (3) credits.
   a. Individuals may compete in no more than six (6) tournaments per season.
   b. Three (3) of the six (6) tournaments may be dual tournaments.

14. Music: Three (3) contests per category.

15. Speech: 10 meet’s per individual
Baseball Policies

Region Activity Chairperson: Tom Gatten, West Jordan High School – 801-256-5615
Coaches’ Representative: Brady Bartholomew

Beginning team selection and practice date is Monday, February 27, 2017. The first games may be played no earlier than Monday, March 6, 2017.

1. Game time for all Varsity games will be 4:00 pm. J.V. and Sophomore games will begin at 3:30 pm. J.V. and Sophomore double headers played on Saturdays will begin at 11:00 am. Sophomore games will be played immediately after the J.V. game.

2. Sophomore games are to begin immediately following the game prior with no more than an eight-minute pre-game for each team. They will be backed with a J.V. game to limit use of transportation. Sophomores will be limited to a 22 game schedule and are to be played by members of the sophomore and freshman classes only.

3. Game time may be changed only after agreement of the two coaches and the two principals involved. A date change must be approved through the Region Baseball Chairperson, who will inform all region principals. Date changes will only be approved for extraordinary circumstances rather than issues of convenience.

4. Each team will be allowed 15 minutes of warm-up and infield practice and will follow the state and region guidelines. The home team will take pre-game 25 minutes prior, 10 minutes for home, 10 minutes for visiting team.

5. Each postponed game must be made up in the order of the postponement on the first available playing date. Flip/flopping the schedule and playing at the visiting team’s field, if it is playable will be done where it is possible to maintain the same number of home and away games between the two schools. Consideration needs to be given, when making a decision to stick to the home fields to the visiting team’s predicament. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials by no later than 1:00pm the day of the game.

6. When a game is called because of darkness or weather, the game will be resumed on the next available playing date and/or as the preliminary scheduled game of the two teams in the second or third game. The five-inning completion rule is in effect. In the third game, the game that is called will be resumed on the next available date, excluding J.V. league games. The home field coach will be responsible for notifying all those involved: umpires, scorers, principals and coaches.

7. The home team will be responsible to have an official scorekeeper, preferably an adult. The winning team is responsible to report the results of the game to the newspapers.

8. Baseball: 22 games for 4A & 5A, 20 games for 1A, 2A & 3A. Each game played counts as one game. Schools may exercise one of the following options during the season: play one (1) multi-game tournament (up to a maximum of four games) and count it as two (2) games and play one (1) non-region double header on a non-school day for both schools and count it as one (1) game OR they can play two (2) non-region double headers on non-school days and count each double header as one (1) game.

9. The tiebreaker rule will be used for all seeding issues. If two teams are tied for the final play-off spot, head-to-head region play against those two teams will determine who gets into the playoffs.

10. A coaches meeting will be held on the Monday following the last regularly scheduled Region games.

11. All-Region: MVP and 1st Team All-Region will be selected by a coach vote. They will select eleven (11) positions plus three (3) pitchers. The first team will be made up of ten (14) players. The 2nd team All-Region will be selected by a coach vote. They will select for eleven (11) positions plus three (3) pitchers. Honorable Mention All-Region will be determined by a coach vote. Also, please submit your senior players, if any, who have achieved a GPA of 3.75 or higher for the All-Region Academic team.

*The coaches have decided to add 1 additional pitcher, 1 DH, 1 Utility and 1 pitcher/position combo. This is reflective of the changes above. These changes will take affect the current year and following year.
**Baseball Varsity Schedule 2017**

**Tuesday March 21**
(TAYLORSVILLE)
Jordan @ West Jordan
Brighton @ Bingham
Cottonwood @ Copper Hills

**Wednesday March 22**
(TAYLORSVILLE)
West Jordan @ Jordan
Bingham @ Brighton
Copper Hills @ Cottonwood

**Friday March 24**
(TAYLORSVILLE)
Jordan @ West Jordan
Brighton @ Bingham
Cottonwood @ Copper Hills

**Tuesday March 28**
(COTTONWOOD, TAYLORSVILLE, BRIGHTON)
Bingham @ West Jordan
Copper Hills @ Jordan

**Wednesday March 29**
(COTTONWOOD, TAYLORSVILLE, BRIGHTON)
West Jordan @ Bingham
Jordan @ Copper Hills

**Friday March 31**
(COTTONWOOD, TAYLORSVILLE, BRIGHTON)
Bingham @ West Jordan
Copper Hills @ Jordan

**Tuesday April 18**
(JORDAN)
Copper Hills @ Brighton
West Jordan @ Cottonwood
Bingham @ Taylorsville

**Wednesday April 19**
(JORDAN)
Brighton @ Copper Hills
Cottonwood @ West Jordan
Taylorsville @ Bingham

**Friday April 21**
(JORDAN)
Copper Hills @ Brighton
West Jordan @ Cottonwood
Bingham @ Taylorsville

**Tuesday April 25**
(BINGHAM)
West Jordan @ Copper Hills
Jordan @ Cottonwood
Brighton @ Taylorsville

**Wednesday April 26**
(BINGHAM)
Copper Hills @ West Jordan
Cottonwood @ Jordan
Taylorsville @ Brighton

**Friday April 28**
(BINGHAM)
West Jordan @ Copper Hills
Jordan @ Cottonwood
Brighton @ Taylorsville

**Tuesday April 4**
(WEST JORDAN, JORDAN, BRIGHTON)
Copper Hills @ Bingham
Taylorsville @ Copper Hills

**Wednesday April 5**
(WEST JORDAN, JORDAN, BRIGHTON)
Bingham @ Cottonwood
Copper Hills @ Taylorsville
**Friday April 7**  
(WEST JORDAN, JORDAN, BRIGHTON)  
Cottonwood @ Bingham  
Taylorsville @ Copper Hills

**Tuesday April 11**  
(WEST JORDAN, BINGHAM, COPPER HILLS)  
Cottonwood @ Brighton  
Jordan @ Taylorsville

**Wednesday April 12**  
(WEST JORDAN, BINGHAM, COPPER HILLS)  
Brighton @ Cottonwood  
Taylorsville @ Jordan

**Friday April 14**  
(WEST JORDAN, BINGHAM, COPPER HILLS)  
Cottonwood @ Brighton  
Jordan @ Taylorsville

**Friday May 4**  
(COTTONWOOD)  
Taylorsville @ West Jordan  
Bingham @ Copper Hills  
Jordan @ Brighton

**Monday May 8**  
(COPPER HILLS)  
Brighton @ West Jordan  
Bingham @ Jordan  
Taylorsville @ Cottonwood

**Tuesday May 9**  
(COPPER HILLS)  
West Jordan @ Brighton  
Jordan @ Bingham  
Cottonwood @ Taylorsville

**Wednesday May 10**  
(COPPER HILLS)  
Brighton @ West Jordan  
Bingham @ Jordan  
Taylorsville @ Cottonwood
Baseball JV/Soph. Schedule 2016-2017

Saturday March 18
West Jordan @ Brighton
Bingham @ Jordan
Taylorsville @ Cottonwood

Monday March 20
West Jordan @ Jordan
Brighton @ Bingham
Cottonwood @ Copper Hills

Saturday March 25
Jordan @ West Jordan
Bingham @ Brighton
Copper Hills @ Cottonwood

Monday March 27
Bingham @ West Jordan
Jordan @ Copper Hills
Taylorsville @ Brighton

Saturday April 1
West Jordan @ Bingham
Copper Hills @ Jordan
Brighton @ Taylorsville

Monday April 3
Bingham @ Cottonwood
Copper Hills @ Taylorsville

Saturday April 8
Cottonwood @ Bingham
Taylorsville @ Copper Hills

Monday April 10
Brighton @ Cottonwood
Taylorsville @ Jordan

Saturday April 15
Cottonwood @ Brighton
Jordan @ Taylorsville

Monday April 17
Copper Hills @ Brighton
Cottonwood @ West Jordan
Bingham @ Taylorsville

Saturday April 22
Brighton @ Copper Hills
West Jordan @ Cottonwood
Taylorsville @ Bingham

Monday April 24
West Jordan @ Copper Hills
Cottonwood @ Jordan

Saturday April 29
Copper Hills @ West Jordan
Jordan @ Cottonwood

Monday May 1
West Jordan @ Taylorsville
Copper Hills @ Bingham
Brighton @ Jordan

Saturday May 6
Taylorsville @ West Jordan
Bingham @ Copper Hills
Jordan @ Brighton

Thursday May 11
Brighton @ West Jordan
Jordan @ Bingham
Cottonwood @ Taylorsville
Basketball Policies

Region Activity Chairpersons: Boys—Geoff Murdock, Cottonwood
gmurdock@graniteschools.org
Girls—Kim Searle, Copper Hills – 801-256-5313 kimberly.searle@jordandistrict.org

Region Coach Representatives: Boys –
Girls – Ben Morley – Copper Hills High – 801-256-5356 benjamin.morley@jordandistrict.org

Beginning practice date for boys’ and girls’ basketball is Monday, November 10, 2014. The first game may be played no sooner than November 25, 2014. “No basketball player will play basketball during the athletic period except after the official beginning practice date” (per UHSAA policy).

1. Standard game day schedule when boys and girls play is as follows:
   - **Boys**—Tuesday and Friday
   - **Girls**—Tuesday and Thursday
2. Game times: 3:30 – Sophomores; 5:15 – Junior Varsity; 7:00 – Varsity
3. Games will start as scheduled or 20 minutes following the conclusion of the previous game.
4. Preseason game times and dates are site-based decisions.
5. Only by mutual consent of both schools involved can the starting times be changed. Change of dates must be approved by the Region III Board of Managers. (The home team will notify the arbiter in case of any change.)
6. The coaches have the option to agree on which ball to use for the State Tournament. If an agreement can’t be reached, then the UHSAA contracted ball will be used.
7. The visiting school may film a game from their own student sections or an area designated by the home school. Filming is prohibited by any school not involved in the game.
9. Tournament entries are determined by win and loss records during Region III play. In the event of a tie, General Policy #VI, K. (this manual) is used to seed or qualify the eligible teams.
10. General courtesies recommended for boys’ and girls’ games:
    - Each school should provide the visiting team with a secure, clean locker room, a good blackboard or whiteboard and a table for taping. A room for private discussion during halftime should be provided.
    - If pre-game activities are to be longer or if different from usual (general directions, announcements, team introductions and national anthem) a schedule should be given to coaches and referees. A flag ceremony should be included.
    - Conduct halftime activities within scheduled time—not to exceed seven (7) minutes for all activities. Minor variations can be made with mutual consent of schools involved.
    - Copies of schedules and team rosters must be emailed to each region school’s AD by November 21, 2014.
11. Coaches (Girls/Boys) will meet the week following the Boys’ State Tournament at an agreed upon destination to select All-Region Teams and MVP.

Awards – Girls Basketball
- Region Trophy
- Most Valuable Player
- All Region 1st Team, 2nd Team and Honorable Mention (5 Players per team, MVP is in addition to 5 players 1st Team)
<table>
<thead>
<tr>
<th>Date</th>
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| **Tuesday December 20<sup>th</sup>** | Brighton @ Bingham  
Cottonwood @ Taylorsville  
Jordan @ Copper Hills  
West Jordan @ BYE |   |
<table>
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</tbody>
</table>
Cross Country Policies

1. Cross Country meets will begin at 3:30 pm with the exception of the Region Meet that will begin at 2:00 pm.

2. The host school will designate a well-marked course. Distances for Region meets and the Region Championships will be approximately 3 miles or 5k.

3. Qualification for State will be as per UHSAA rules in the current handbook.

4. The winner of the Region trophy will be determined by scores at the Region Championship Meet.

5. Medals are awarded to the top 10 finishers at the Region Championship meet in the boys’ and girls’ varsity divisions. Certificates are awarded to the top 10 in Region JV.

6. Each individual may compete in a maximum of 10 meets plus Region and State.

7. Each school will provide rosters at the beginning of season to Copper Hills in order to process directly at meets. Additions or changes need to be sent as soon possible for Copper Hills to update system.

8. Region Meet host will be Copper Hills High school at Cottonwood Complex and they will provide the timing system. Bingham High School will be responsible for setting up the course.

9. Tie-breaker is determined by the highest 6th-place varsity finisher.

10. Region coaches will choose an All-Region Academic Team composed of senior, varsity runners, with a 3.75 or higher GPA for the cumulative 9-12 grades. Applications should be sent to the Region Chairman at on the same deadline as the State forms, on the same type of form.

11. Coaches may run more than 7 runners in the ‘Varsity’ Region Championship race if desired (out to the maximum of 12 listed in the National Federation rulebook) but the scoring 7 must be clearly designated on the tag prior to the beginning of the race. Failure to do so disqualifies athletes from the top finisher of that school down, one for one over the limit of 7. These non-scoring individuals are NOT eligible for individual awards (top-10 medals). It is understood the reason for the option to race an extra individual (or more) is to determine positions for the State Meet only.

12. Two races will be run in Region meets, with girls and boys running separately.

13. The Region Cross Country Meet will be held at the County Complex, 1300 E and 4350 S on October 13, 2015. Copper Hills will host. Region Meet course length will be 5000 m.

14. NFHS Rules govern competition.

15. Academic All-State deadline (to UHSAA) is September 22nd.

16. The region chair will provide a light snack and drinks for coaches at the Region Meet.
Cross Country Schedule 2016-2017

Tuesday, August 30, 2016
All schools @ Cottonwood Complex (Pre-Region)
Girls @ 3:00
Boys @ 3:30

Monday, October 10, 2016
Region Championship Meet @ Cottonwood Complex
2:00 JV Girls
2:30 JV Boys
3:00 Varsity Girls
3:30 Varsity Boys
4:00 Awards

Wednesday, October 19, 2016
State 5A Championships @ Sugarhouse Park
Race Times: TBA

Cross Country Coaches Contact Information

Bingham High School:
Alisa Paxton
alisha.paxton@jordandistrict.org
801-870-8830

Brighton High School:
Mike Zufelt
mzufelt05@msn.com
801-550-2804
Eileen Struna
coach.struna@gmail.com
801-574-5168

Copper Hills High School:
Garth Rushforth (boys)
garth.rushforth@jordandistrict.org
801-803-3602
Kent Smith (girls)
kent.smith@jordandistrict.org
801-787-9196

Cottonwood High School:
Jason Baker
jabaker@graniteschools.org
801-709-9758

Jordan High School:
Brandon Watts
brandon.watts@canyonsdistrict.org
801-826-6239

Taylorsville High School:
Guy Mackay
gmackay@graniteschools.org
801-706-2029

West Jordan High School:
Lane Henslee
coachstephie308@yahoo.com
801-809-0909
Drama Rules and Policies
Region III

Drama Rules and Policies

<table>
<thead>
<tr>
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<th>Name</th>
<th>Email Address</th>
<th>Phone</th>
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<tr>
<td>Administrative Chair</td>
<td>Bingham</td>
<td>Janilee Taylor</td>
<td><a href="mailto:Janilee.taylor@jordandistrict.org">Janilee.taylor@jordandistrict.org</a></td>
<td>801-256-5116</td>
</tr>
<tr>
<td>Teacher Rep/Coach</td>
<td>Bingham</td>
<td>Michelle Robbins</td>
<td><a href="mailto:Michelle.robbins@jordandistrict.org">Michelle.robbins@jordandistrict.org</a></td>
<td>801-256-5100</td>
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<tr>
<td>Coach</td>
<td>Brighton</td>
<td>Katie Thames</td>
<td><a href="mailto:Katie.thames@canyonsdistrict.org">Katie.thames@canyonsdistrict.org</a></td>
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<td>Coach</td>
<td>Copper Hills</td>
<td>Jordan Morrell</td>
<td><a href="mailto:Jordan.morrell@jordandistrict.org">Jordan.morrell@jordandistrict.org</a></td>
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<td>Coach</td>
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<td>Adam Wilkins</td>
<td><a href="mailto:awilkins@graniteschools.org">awilkins@graniteschools.org</a></td>
<td>801-826-6284</td>
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<td>Coach</td>
<td>Jordan</td>
<td>Greg Larsen</td>
<td><a href="mailto:Greg.larsen@canyonsdistrict.org">Greg.larsen@canyonsdistrict.org</a></td>
<td>801-826-6200</td>
</tr>
<tr>
<td>Coach</td>
<td>Taylorsville</td>
<td>Cameron Garner</td>
<td><a href="mailto:cegarner@graniteschools.org">cegarner@graniteschools.org</a></td>
<td>801-646-5455</td>
</tr>
<tr>
<td>Coach</td>
<td>West Jordan</td>
<td>Chandler Bishop</td>
<td><a href="mailto:Chandler.bishop@jordandistrict.org">Chandler.bishop@jordandistrict.org</a></td>
<td>801-256-5600</td>
</tr>
</tbody>
</table>

Region Dates for 2016-2017:

Monday January 9th- Region Mtg. 3:30 at Bingham High

Wednesday March 15th- Region One Acts at Copper Hills

Monday March 20th Region IE's

Policies:

1. Teacher Meeting: All region drama teachers will meet at least one month prior to the Region Competition to discuss any business necessary before the Region Tournaments begin.

2. Judges: Coaches, recent alumni (4 years), student teachers from any of the Region III schools as well as family members of any competing student and relatives of coaches will not be used as judges for any portion of the play or individual event competitions.
3. **Cost and Fees for Judges:**
   a. One (1) to seven (7) schools participating – 24 Individual Event Judges at $50.00 per day. Presentations (plays)- three (3) Judges at $150.00 per day (mileage at UHSAA rate).

4. **Entries at Region:**
   a. Each school may enter no more than four entries in the individual events.
   b. No school may enter more than two entries in the musical theatre event.
   c. Each school may enter no more than one play in the play competition.
   d. Students participating in the play competition may also be entered in an individual event.
   e. No student may participate in more than one individual event.
   f. Replacement for one single actor in the play competition or individual event is allowed when one actor in the region qualifying play or individual event is not able to participate. In this situation the school may replace the actor with another eligible member from their region team and the eligible team and the eligible actor must meet the guidelines outlined in the UHSAA Handbook.

5. **Qualifying for State Rating System:**
   a. Each judge will rate each performance with a Superior (S), Excellent (E), Good (G), or Fair (F) based on the criteria of the ballots. Each selection will also be ranked 1-4, a score of 1 being the top piece.
   b. Performances receiving straight Superiors (SSS) at region will advance to state and receive a medal.
   c. Performances receiving overall Superiors (SS and either E,G,F) will advance to state, but receive no medal.
   d. All plays receiving straight Superior ratings OR one half of the numbers of plays presented at region drama competitions, whichever is greater, will qualify to perform in the state drama competition. In the case where fewer than half of the region plays receive straight Superior ratings, the region play judges will determine the remaining plays to fill our regions allotment.
6. **Awards:**
   1) 1st, 2nd and 3rd place sweepstakes trophies
   2) 1st, 2nd, and 3rd place One Act Plaques
   3) 6 acting awards plaques
   4) 1st, 2nd and 3rd place medals for each event (Pantomime, Classical Scenes, Contemporary Scenes, Humorous Monologues, Dramatic Monologues, Musical Theatre)
   5) Superior Medals (these should have our Region on them and should be changed to Superior Performance in a Theatre Competition NOT Festival)

7. **Additional Rules:**
   a. All Region Activities in Drama will follow the State Guidelines in the UHSAA Handbook.
   b. Contest Limitations: Speech: 10 meets per individual for 3A, 4A, and 5A.
Drill Team Policies and Schedule

1. Region drill teams will follow the guidelines listed in the General Guidelines of the Region III Manual.

2. Region drill team competition will be conducted under the rules and guidelines of the UHSAA Competition regulations. The site for Region Drill Team will be at Brighton High School, Saturday, January 28, 2017.

3. Drill teams must follow the National Safety Guidelines in order to qualify for catastrophic insurance coverage.

4. The categories will be DANCE, STYLIZED MILITARY, and KICK. A team may enter three categories at the region level.

5. The team coach must attend a UHSAA clinic for coaches and judges prior to the Region Meet or complete the UHSAA Drill Team test.

6. Drill team coaches must attend a mandatory meeting prior to the Region Drill Team Competition. If a school does not have a representative at this meeting, the school’s team will be performing first in the military category. A pre-determined rotation that addresses all of the issues (performing after the same team each time, performing first, middle, and last, etc.) will be used. Each team will draw a number and will be placed in the performance schedule according to this pre-determined rotation. The order of events for the Region Tournament will be Military, Dance, and then Character.

7. An UHSAA certificated judge will be utilized for the Region Tournament as competition director.

8. All coaches must submit the following information for the Region program by Monday, December 5, 2016 to jana.crist@canyonsdistrict.org:
   • Name of team
   • A team picture (high quality with sharp contrast)
   • Names of the drill team members and officers
   • Names of the school administration and athletic director
   • All-Region Team names (3 deserving drill team members, either seniors or second year members)
   • Academic All-Region (team members with a 3.75 cumulative GPA) Note: Please make sure all names are spelled correctly.
   • Performing groups (i.e., Cheerleading, Dance, etc.) for day of Region Competition.

9. Drill teams will have twenty (20) minutes of floor time on the day of competition, Saturday, January 28, 2017 at Brighton High School and a one hour practice session prior to competition scheduled on Saturday, January 21, 2017 at Brighton High School.

10. Each drill team coach will model sportsmanship to the members and parents. At region, the state sportsmanship rule will apply. Parents/Spectators who use profane language or are disrespectful towards ANY competition staff will be asked to leave.
11. The following awards will be presented at the Region Drill Team Competition:

- Plaques will be awarded to 1st and 2nd place winner in each category: Dance, Military, and Character.
- Medals will be awarded to 1st, 2nd, and 3rd place winners in the Drill Down Competition.
- A Region trophy will be awarded to the Region Championship Team.
- Certificates will be given for 3rd place in each category and for 2nd and 3rd overall.
- The top four (4) finishers will be announced as qualifying for State.
- Certificates will be given for Academic All-Region.
- Certificates will be given for All-Region Team.

12. No males or parents will be allowed in the dressing rooms or team areas during Region Competition. Only coaches will be allowed in the dressing area. Each team will be given two passes in case there is a make-up or costuming need.

13. Moratorium/Dead time: A mandatory dead time period must be scheduled for the summer and two (2) additional weeks must be scheduled after the season. The Thanksgiving and winter moratoriums must be followed. Teams not abiding by the moratorium will face a fine on the first offense and a sportsmanship penalty on the second offense.

14. Drill Team members in uniform accompanied by a coach will be admitted to games without charge.

15. State 5A Drill Team Competition will be held TBD. Drill team qualification standards for State will be according to UHSAA guidelines. In the event of a tie, tie breaking procedures will be followed as outlined in the State Handbook.

**Drill Team**

**Competition starting date:**

**Region Program Information**
Due to Jana Crist, Asst Principal, Jordan High School
Monday, December 5, 2016

**Academic All-State Nominations**
See UHSAA Calendar

**Region Competition Planning Meeting**
Monday, January 9, 2017
5:00 pm
Brighton High School

**Region IV Drill Team Competition**
Saturday, January 28, 2017
Brighton High School
12 noon

**State Drill**
TBD
1. Varsity games: Games are to be played as scheduled; all games begin at 7:00 p.m. Home team wears dark jerseys, visitors wear light jerseys.

2. Junior Varsity and Sophomore games: Each school will play a full schedule of Sophomore and J.V. games. (All games will start at 3:30 p.m.—no evening games.) Sophomore games will be played at the same location as the Varsity. J.V. plays opposite. Home team wears dark jerseys. Visiting team wears light or white jerseys, when available.

Sophomore jersey colors:
- Bingham: Blue
- Brighton: Orange
- Copper Hills: Green
- Cottonwood: Gold
- Jordan: Maroon
- Taylorsville: White
- West Jordan: Black

3. Chain Crews: All schools are required to use adults on chain and down marker (Varsity only).

4. Change of time: A change of time may be affected through mutual agreement of both schools (Coach, Principal, and Athletic Director). The host school must notify arbiter of the change in time for him to notify the officials. The host school or Region III school (pre-season) shall notify other region schools if a change is made. All officials (Varsity, J.V., and Sophomore) will be arbitred by the UHSAA. Call any changes to the UHSAA.

5. Change of Date: A change of date must be approved by the Region Board of Managers after a mutual agreement is reached between schools concerned.

6. Scouting: is to be done from the spectator stands. No video filming of future opponents will be allowed at the Varsity, J.V. or Sophomore levels.

7. Sidelines: No one will be allowed on the field or sidelines during the game without a sideline pass. Each school will develop and distribute their own sideline passes. The athletic director who meets the bus will determine from the opposing coach how many sideline passes are needed. It is the responsibility of the home school to keep the sidelines and track areas clear of all spectators. No spectators will be allowed on the field during the game or at half-time except spirit groups and performers.

8. Film Exchange: Each Region III school is expected to subscribe to HUDDLE. All film exchange will be done via HUDDLE. All filming will be done by adults. During filming, all players on the playing field must be visible from the break of the huddle until the snap of the ball. Once the snap has occurred the angle can be changed. Film all plays; film the scoreboard after each scoring play and at the end of each quarter.
9. Dress and locker room: Home school is to provide a lockable dressing facility. A white board or chalkboard with writing instrument needs to be available. Locker room needs to be available 1 1/2 hours before game time. The home team should provide a guide to meet the bus, show the team the locker room and be available if assistance is needed. J.V. and Sophomore teams should dress at their own schools. In case of inclement weather J.V. and Sophomore teams will be provided shelter at half-time. The visiting team is responsible for cleaning their locker-room immediately following halftime.

10. Visiting team spotters/coaches must remain on the visiting team's side/section of the stadium unless other accommodations are agreed upon by the head coaches. Please be the type of host that you would hope to encounter as a guest.

11. Electronic communication equipment, other than coach’s equipment, including but not limited to computer, television, and videotape, shall not be used for coaching purposes during the game or between periods.

12. Rosters and meetings: Rosters will be entered into Register My Athlete prior to the first game. The coaches will meet after the last Region game for the purpose of selecting the All-Region III team. Time and location to be determined.

13. Tie-Breakers and playoffs: In the event of a tie that affects only seeding in the state tournament refer to the region manual. In the event of a tie between 2 schools for the last playoff berth, there will not be a play in game. Head to Head results from the region contest will be used to determine a playoff berth in Football. In the event of a 3-way tie for the last playoff berth the procedure will be as follows: all 3 teams will flip a coin. The odd coin earns a bye, the other two teams will play-off in a 24-minute game, consisting of two 12-minute quarters, and the loser of the first game is eliminated. Following a 15 minute half-time intermission, the winner of the first 24 minute game will play the team that earned a bye in a 24 minute game consisting of two 12 minute quarters. The winner of that game will advance to the playoffs. The playoff game will be on a neutral site. In the event of a 3-way tie for 2 playoff spots the procedure will be as follows: All 3 teams will flip a coin, the odd coin will be awarded the 4th seed. The remaining 2 teams will play a play-in game (full game) at a neutral site to determine the 3rd seed in the playoffs, with the looser being eliminated from the post season.

14. Officials and Game Clock: Any current employee of a school may not officiate in any Varsity game in which that school is participating. The game clock is to be manned by an adult for Varsity games, and where possible for J.V. and Sophomore games.

15. Post-game activities: At the conclusion of the Varsity, J.V., or Sophomore games and after the traditional “handshake,” visiting teams will not participate in any post game activities. Teams are to gather their gear and load the bus.

16. Public Address Announcers: Public address announcers are not to be commentators, cheerleaders or to second-guess the officials.
Football Schedule 2016

**Friday, August 19, 2016**
- Copper Hills @ Granger
- Bingham @ Westlake
- Taylorsville @ Alta
- Desert Hills @ Jordan
- Cottonwood @ Olympus
- Brighton @ Herriman
- West Jordan @ Juan Diego

**Friday, August 26, 2016**
- Murray @ Copper Hills
- Herriman @ Bingham
- Taylorsville @ Roy
- Cottonwood @ Bear River
- Fremont @ Brighton
- Mount. View @ West Jordan

**Friday, September 2, 2016**
- Cyprus @ Copper Hills
- Bingham @ Lone Peak
- Taylorsville @ Timpview
- Jordan @ Pleasant Grove
- Kearns @ Cottonwood
- Brighton @ American Fork
- West Jordan @ Skyline

**Friday, September 9, 2016**
- West Jordan @ Bingham
- Brighton @ Cottonwood
- Jordan @ Taylorsville
- Copper Hills @ Kearns

**Friday, September 16, 2016**
- Bingham @ Copper Hills
- Cottonwood @ West Jordan
- Taylorsville @ Brighton
- Jordan (Bye)

**Friday, September 23, 2016**
- Copper Hills @ Cottonwood
- West Jordan @ Taylorsville
- Brighton@ Jordan
- Hunter @ Bingham

**Friday, September 30, 2016**
- Cottonwood @ Bingham
- Taylorsville @ Copper Hills
- Jordan @ West Jordan
- Brighton (Bye)

**Friday, October 7, 2016**
- Bingham @ Taylorsville
- Copper Hills @ Jordan
- West Jordan @ Brighton
- Clearfield @ Cottonwood

**Thurs., October 13, 2016**
- Taylorsville @ Cottonwood
- Jordan @ Bingham
- Brighton @ Copper Hills
- Bountiful @ West Jordan

**Wed., October 19, 2016**
- Cottonwood @ Jordan
- Bingham @ Brighton
- Copper Hills @ West Jordan
- Taylorsville @ Ogden

**Friday, October 28, 2016**
- First Round @ Home Sites

**Friday, November 4, 2016**
- Quarter Finals @ Home Sites

**Friday, November 11, 2016**
- Semi-Finals @ Rice-Eccles Stadium

**Friday, November 18, 2016**
- Finals @ Rice-Eccles Stadium
- Golf Boy’s Schedule2015 Region 3
# Boys Golf Schedule 2016

## August

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**Girls Golf Region 3 Information**

Bingham High School - Brett Boberg, brett.boberg@jordandistrict.org, 801.696.5889
Brighton High School - Jim Gresh, james.gresh@canyonsdistrict.org, 801.712.4107
Cottonwood High School – Scott Fowler, sfowler@graniteschools.org, 801.694.4751
Copper Hills High School, Jake Timpson, Jacob.timpson@jordandistrict.org, 801.718.5415
Jordan High School - Kyle Stailey, kyle.stailey@canyonsdistrict.org, 801.633.0769
Taylorsville High School – Jace Hymas, jhymas@graniteschools.org, 801.259.6780
West Jordan High School – Scott Briggs, scott.briggs@jordandistrict.org, 801.381.3009

Mike Booth, Glenmoor Golf Course – mikebooth@pga.com, 801.809.9056

Administrative region representative: Bryan Veazie, Bingham High School, bryan.veazie@jordandistrict.org, 801.256.5100

**Varsity Tournaments**

Varsity teams will consist of four (4) to eight (8) players. The top four (4) scores will count for the team score.

A point system for each tournament will be used to determine the region champion.

Point Breakdown for each tournament:

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<td>1&lt;sup&gt;st&lt;/sup&gt; place</td>
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Teams that qualify four (4) scores will be eligible for the highest tournament placing over teams that field fewer than four (4) players. Stableford scores WILL NOT affect region tournament placement.

The points in the final region tournament shall be doubled.

If two teams are tied at the end of the region tournament, both teams will share the region title.
In case of a tie for a state berth, a one (1) hole playoff will occur with each team entering four (4) players with the top three (3) scores counting. In an event of a tie, the next player’s score will be counted. This will be played at the region tournament site and will be played on the day of region.

**Individual Information**

The top 15 players (and all ties) will make the All Region Team, which will be announced at the conclusion of the final region tournament. Medals will be distributed accordingly.

At the beginning of the season coaches will vote on how many 9 hole and/or 18 hole tournaments to drop (if any) for each player to account for sickness or absence. Further, coaches will decide if players MUST play final event or not to medal.

One 18-hole score will be dropped from each player’s average at the end of the year. This will allow girls who have one bad round or miss one tournament still qualify for all-region.

**Junior Varsity Tournaments**

JV players will usually play 9 holes while varsity will usually play 18. With tee times, Varsity will tee off first followed by JV so all players finish around the same time. Also, shotgun tournaments will stagger Varsity and JV so both groups finish around the same time.

Beginning golfers will play fairway tees (coaches’ decision). It is suggested that once a player can score around 55 consistently, AND can play ready golf, they be moved up to varsity tees.

Coaches may move players from fairway tees, to regular JV, to Varsity at any point in the season.

**Tournament Play**

Once a player has reached 5 over par on an individual hole they will pick up. They will circle that score on their scorecard to indicate ball has been picked up.

Cell phones are not permitted during play.

Range finders ARE permitted on the course, but players must share information and yardages if asked by other players in the group.

No caddie may be used by the players.

Electric/gas carts may not be used by players. Exceptions for injuries or disability will be determined and agreed upon by the coaches.

Parents may not give advice on the course. They must stay 20 feet back of the players and stay off of greens completely.
All coaches are responsible to see that all their players are dressed in appropriate golf attire and that all players comply with local rules.

All coaches are encouraged to teach ready golf and emphasize a good pace of play (see attached tips). Our goal this year is 2 hours for 9 holes and 4 hours for 18 holes.

*Coaches: Please email your lineups to Mike Booth at mikebooth@pga.com as soon as possible so he has time to make pairings. Also notify him of any scratches or substitutions as soon as possible.

Awards
- One Region trophy
- Medals for top fifteen (15) All-Region players

2016 Region III Girls Golf Dates

Nov 24-Jan 1... Moratorium no practices, competitions, meetings or travel
Feb 29... Begin Practice/Team Selection
Mar 7... First Contest Allowed
Mar 15-Apr 12... Academic All-State Applications Accepted
Mar 18... Eligibility List Due on RegisterMyAthlete.com
Apr 18... Rules/Etiquette Completion Deadline
May 12... State Entry Deadline
May 16-May 17... State Tournament @ Wasatch Mountain - Lake Course Midway
Jul 5-Jul 11... Summer Moratorium

Pace of Play tips/reminders

1. Be near your ball and ready to hit when your time comes. You don’t walk in front of other players, but it’s perfectly acceptable to be on the sides of them as long as you’re not distracting them. Have your club in hand.
2. Take only one practice swing.
3. Figure out scores as you’re walking to the next hole, NOT on the green. That way the group behind you can hit on.
4. You don’t have to mark your ball if it’s a simple tap-in. Just finish out.
5. If you’re the first to finish a hole, grab the flag and have it ready to put back in the hole as soon as the other players finish out (but don’t distract them as they putt).
6. Leave your bag so you don’t have to go back to get it. Leave your wedge on the flag or on a direct path back to your bag so you don’t forget it by the green and have to run back later in the round.
7. If you are lagging behind the group in front of you, RUN to the next tee box if you have to!!!
8. Watch where your ball lands and pick a landmark (like near a certain bush, or tree or fencepost) to make it easier to find your ball. Watch where the other players in your group go as well.
9. If you think you may have lost your ball, play a provisional ball (and declare it as such) so you don’t have to run back to the tee box and re-hit.

Target time: 2 hours MAX for 9 holes and 4 hours for 18 holes!!!
Girls Golf Schedule 2016 Region III
### Soccer Boys Schedule 2017

Steve Bailey (Jordan HS) Region III Rep
steven.bailey@canyonsdistrict.org

**Tryouts** – Monday February 27th
**First Contest** – Monday, March 6th

<table>
<thead>
<tr>
<th>Date</th>
<th>Match 1</th>
<th>Match 2</th>
<th>Match 3</th>
<th>Match 4</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Friday, March 17th</strong></td>
<td>West Jordan @ Bingham</td>
<td>Taylorsville @ Brighton</td>
<td>Jordan @ Cottonwood</td>
<td></td>
</tr>
<tr>
<td><strong>Tuesday, March 21st</strong></td>
<td>Bingham @ Copper Hills</td>
<td>Brighton @ West Jordan</td>
<td>Cottonwood @ Taylorsville</td>
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<tr>
<td><strong>Friday, March 24th</strong></td>
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<td>West Jordan @ Cottonwood</td>
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<tr>
<td><strong>Tuesday, March 28th</strong></td>
<td>Brighton @ Copper Hills</td>
<td>Cottonwood @ West Jordan</td>
<td>Jordan @ Cottonwood</td>
<td></td>
</tr>
<tr>
<td><strong>Tuesday, April 4th</strong></td>
<td>Bingham @ Cottonwood</td>
<td>Copper Hills @ Jordan</td>
<td>West Jordan @ Taylorsville</td>
<td></td>
</tr>
<tr>
<td><strong>Tuesday, April 11th</strong></td>
<td>Cottonwood @ Brighton</td>
<td>Jordan @ Bingham</td>
<td>Taylorsville @ Copper Hills</td>
<td></td>
</tr>
<tr>
<td><strong>Tuesday, April 18th</strong></td>
<td>Brighton @ Jordan</td>
<td>Bingham @ Taylorsville</td>
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<tr>
<td><strong>Friday, April 21st</strong></td>
<td>Bingham @ West Jordan</td>
<td>Brighton @ Taylorsville</td>
<td>Cottonwood @ Jordan</td>
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<tr>
<td><strong>Tuesday, April 25th</strong></td>
<td>Copper Hills @ Bingham</td>
<td>West Jordan @ Brighton</td>
<td>Taylorsville @ Cottonwood</td>
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<tr>
<td><strong>Friday, April 28th</strong></td>
<td>Brighton @ Copper Hills</td>
<td>Cottonwood @ West Jordan</td>
<td>Jordan @ Taylorsville</td>
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<tr>
<td><strong>Tuesday, May 2nd</strong></td>
<td>Bingham @ Brighton</td>
<td>Copper Hills @ Cottonwood</td>
<td>West Jordan @ Jordan</td>
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</tr>
<tr>
<td><strong>Friday, May 5th</strong></td>
<td>Cottonwood @ Bingham</td>
<td>Jordan @ Copper Hills</td>
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<tr>
<td><strong>Tuesday, May 9th</strong></td>
<td>Brighton @ Cottonwood</td>
<td>Bingham @ Jordan</td>
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<td></td>
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<tr>
<td><strong>Thursday, May 11th</strong></td>
<td>Jordan @ Brighton</td>
<td>Taylorsville @ Bingham</td>
<td>West Jordan @ Copper Hills</td>
<td></td>
</tr>
</tbody>
</table>

**First Round Playoffs** –
**Tuesday, May 16th**
Soccer Girls Schedule 2016
Jana Crist (Jordan HS) Region III Rep
jana.crist@canyonsdistrict.org

**Tuesday, August 23**
Copper Hills @ Jordan
Brighton @ Cottonwood
Bingham @ Taylorsville

**Thursday, August 25**
Jordan @ West Jordan
Cottonwood @ Copper Hill
Taylorsville @ Brighton

**Tuesday, August 30**
West Jordan @ Cottonwood
Copper Hills @ Taylorsville
Brighton @ Bingham

**Thursday, September 1**
Cottonwood @ Jordan
Taylorsville @ West Jordan
Bingham @ Copper Hills

**Tuesday, September 6**
Jordan @ Taylorsville
West Jordan @ Bingham
Copper Hills @ Brighton

**Thursday, September 8**
Taylorsville @ Cottonwood
Bingham @ Jordan
Brighton @ West Jordan

**Tuesday, September 13**
Cottonwood @ Bingham
Jordan @ Brighton
West Jordan @ Copper Hills

**Thursday, September 15**
Jordan @ Copper Hills
Cottonwood @ Brighton
Taylorsville @ Bingham

**Tuesday, September 20**
West Jordan @ Jordan
Copper Hills @ Cottonwood
Brighton @ Taylorsville

**Thursday, September 22**
Cottonwood @ West Jordan
Taylorsville @ Copper Hills
Bingham @ Brighton

**Tuesday, September 27**
Jordan @ Cottonwood
West Jordan @ Taylorsville
Copper Hills @ Bingham

**Thursday, September 29**
Taylorsville @ Jordan
Bingham @ West Jordan
Brighton @ Copper Hills

**Tuesday, October 4**
Cottonwood @ Taylorsville
Jordan @ Bingham
West Jordan @ Brighton

**Thursday, October 6**
Bingham @ Cottonwood
Brighton @ Jordan
Copper Hills @ West Jordan

Tryouts – Monday, August 1
First Contest – Tuesday, August 9
First Round Playoffs – Tuesday, October 11
## Soccer Contact Info

### Boys' Soccer

<table>
<thead>
<tr>
<th>Name</th>
<th>School</th>
<th>Email</th>
<th>Cell Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Matthew Kennaley</td>
<td>Bingham</td>
<td><a href="mailto:matthew.kennaley@jordandistrict.org">matthew.kennaley@jordandistrict.org</a></td>
<td>801-529-5874</td>
</tr>
<tr>
<td>Tom Cushing</td>
<td>Brighton</td>
<td><a href="mailto:tom.cushing@canyonsdistrict.org">tom.cushing@canyonsdistrict.org</a></td>
<td>801-558-8710</td>
</tr>
<tr>
<td>Alan Reed</td>
<td>Cottonwood</td>
<td><a href="mailto:cottonwoodreed@gmail.com">cottonwoodreed@gmail.com</a></td>
<td>801-718-0018</td>
</tr>
<tr>
<td>George Sirstins</td>
<td>Taylorsville</td>
<td><a href="mailto:thsmenssoccer@yahoo.com">thsmenssoccer@yahoo.com</a></td>
<td>801-916-8062</td>
</tr>
<tr>
<td>Thao Tran</td>
<td>West Jordan</td>
<td><a href="mailto:ttran@redleafinc.com">ttran@redleafinc.com</a></td>
<td>801-512-6372</td>
</tr>
</tbody>
</table>

### Girls' Soccer

<table>
<thead>
<tr>
<th>Name</th>
<th>School</th>
<th>Email</th>
<th>Cell Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tennille Vance</td>
<td>Bingham</td>
<td><a href="mailto:tennillevance@gmail.com">tennillevance@gmail.com</a></td>
<td>801-694-3981</td>
</tr>
<tr>
<td>Mark Stoker</td>
<td>Brighton</td>
<td><a href="mailto:markstoker@hotmail.com">markstoker@hotmail.com</a></td>
<td>801-573-8371</td>
</tr>
<tr>
<td>Ryan Rumfallo</td>
<td>Copper Hills</td>
<td><a href="mailto:coachrumfallo@yahoo.com">coachrumfallo@yahoo.com</a></td>
<td>801-755-6725</td>
</tr>
<tr>
<td>Rita Heagren</td>
<td>Cottonwood</td>
<td><a href="mailto:rheagren@gmail.com">rheagren@gmail.com</a></td>
<td>801-635-5021</td>
</tr>
<tr>
<td>Marli Martin</td>
<td>Jordan</td>
<td><a href="mailto:beetdiggersoccer5@gmail.com">beetdiggersoccer5@gmail.com</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Taylorsville</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Eric Arthur</td>
<td>West Jordan</td>
<td><a href="mailto:eric.arthur@jordandistrict.org">eric.arthur@jordandistrict.org</a></td>
<td>801-879-3357</td>
</tr>
</tbody>
</table>
Softball Guidelines  
REGION III 2016-17

Administrative Representative.................................................... Waisea Lesuma, Taylorsville High  
Coach Representative........................................................................ Rich Kaelin, Taylorsville High

Start Date ........................................................................................................ February 27, 2017  
First Competition............................................................................................. March 6, 2017

Eligibility, Rosters & Photos Due................................................................. March 17, 2017

Academic All-State Accepted Between........................................ March 15-April 19, 2017

RESPONSIBLE SCHOOL .............................................................................. TAYLORSVILLE HIGH

1. No team may play more than twenty-two (22) games during the entire season.  
   a. A single day tournament will count as one (1) game with a maximum of four (4) 
      games.  
   b. A multiple day tournament (2-3 days) will count as two (2) games towards contest 
      limitations.  
   c. A maximum of eight (8) games may be played in a multiple day tournament.

2. All Region Varsity games shall begin at 3:30pm.  
   a. Games will be a full seven (7) innings.  
   b. If the score is tied at the end of seven (7) innings, the international tiebreaker rule 
      will be in effect.  
   c. The 10-run rule will be in effect after the fifth inning.  
   d. The 15-run rule will be in effect after the third inning.

3. All Junior Varsity games will immediately follow varsity games (same day, same site). 
   a. A team may only score six (6) runs an inning in a JV game.  
   b. Rules for junior varsity play will be agreed upon by the Region in order to provide 
      developmental atmosphere and to accommodate facility conflicts.  
   c. There is a 1.5 hour time limit, or seven (7) innings.

4. The visiting team will take the field at 3:00 pm; the home team will take the field at 3:15pm.
5. The home team will be responsible for:
   - Providing an official scorekeeper (a responsible adult)
   - Providing two (2) new game balls (same ball as used in State)
   - Paying the officials
   - Field management
   - Calling the media with games results Max Prep, Deseret News.

6. Postponed games will follow the UHSAA suspended game procedures.
   a. The home team will call their opponent and the officials by 12:00 noon.
   b. Game will be rescheduled on the first available weekday as agreed upon by the involved coaches and approved by the involved principals.
   c. Priority should be given to Region games.
   d. In the first round of Region play, the postponed game may be “flip-flopped” to the visiting field if it is deemed playable. The second round field will be reversed.
   e. In the second round of Region play, the game will be made up on the first available date at home field.

7. Teams agree to accept all National Federation Rules.

8. In the event of a tie in the standings, the Region tie breaker rule will be in effect.

9. Videotaping of games is by playing teams only.

10. One Region trophy will be awarded to the first place team.

11. All seniors nominated for Academic All-State will receive Academic All-Region.

12. Region Coaches meeting to select Region teams will be held on Monday, May 15th @ 6pm. Texas Roadhouse on 5400 S Redwood Rd.

13. Pitching distance will be 43 feet.

14. Senior recognition day will be kept to a ten (10) minute maximum according to general policy.

15. All Region II schools will be required to have a safety base at 1st base. (Orange)
Softball Coaches Information

Bingham High
Mikki Jackson...............mikki.jackson@jordandistrict.org
801-205-6362

Brighton High
Samuel Puich......................samuel.puich@canyonsdistrict.org
801-647-0031

Copper Hills
Jentry Johnson...............jentry.johnson@jordandistrict.org
801-633-2751

Cottonwood High School
Alissa Smith..................aasmith@granteeschools.org
801-616-6308

Jordan High
Kayla Brunner...............kbrunner222@gmail.com
801-815-0934

West Jordan
Jim Oliver....................jimoliver@peoplepc.com
801-971-2468

Taylorsville High School
Rich Kaelin...............rkaelin@granteeschools.org
801-792-7557
## Softball Schedule
### 2016-2017 Region III

<table>
<thead>
<tr>
<th>Date</th>
<th>Matches</th>
</tr>
</thead>
</table>
| **Tuesday, March 21** | Brighton @ Taylorsville  
Cottonwood @ West Jordan  
Jordan @ Bingham |
| **Thursday, March 23** | Cottonwood @ Brighton  
West Jordan @ Taylorsville |
| **Monday, March 27** | Jordan @ West Jordan |
| **Tuesday, March 28** | Bingham @ West Jordan  
Copper Hills @ Taylorsville |
| **Thursday, March 30** | Brighton @ Jordan  
Bingham @ Copper Hills |
| **Tuesday, April 4** | Bingham @ Cottonwood  
Copper Hills @ Taylorsville |
| **Thursday, April 6** | West Jordan @ Copper Hills  
Taylorsville @ Bingham |
| **Tuesday, April 11** | Jordan @ Cottonwood |
| **Thursday, April 13** | Taylorsville @ Cottonwood |
| **Thursday, April 17** | Copper Hills @ Brighton |
| **Tuesday, April 18** | Cottonwood @ Copper Hills  
Brighton @ Bingham  
Taylorsville @ West Jordan |
| **Thursday, April 20** | Taylorsville @ Brighton  
West Jordan @ Bingham  
Jordan @ Copper Hills |
| **Friday, April 21** | West Jordan @ Brighton |
| **Tuesday, April 25** | West Jordan @ Cottonwood  
Jordan @ Brighton  
Copper Hills @ Bingham |
| **Thursday, April 27** | Cottonwood @ Bingham  
Taylorsville @ Copper Hills  
West Jordan @ Jordan |
| **Tuesday, May 2** | Copper Hills @ West Jordan  
Bingham @ Taylorsville  
Brighton @ Cottonwood |
| **Thursday, May 4** | Brighton @ Copper Hills |

State Playoff .....May 23-25
Region III Forensics Guidelines and Schedule
Speech and Debate

Region Activity Chairperson: To be determined
Coach Representative: Donna Morris, Taylorsville High School, (385) 646-5455

1. The intent of Region rules is to replicate the State Speech and Debate Tournament rules as closely as possible unless specific exceptions are noted.

2. **Starting Date:** No forensics meets may be held prior to October 1, 2016.

   **Ending Date:** No forensics meets may be held after March 11, 2017.

   **Region Tournament:** Copper Hills High School on February 25th, 2017.

   **State Tournament:** Location TBA, March 10 - 11, 2017.

3. **Region Pairing Meeting:** Will be held at the site of the Region Tournament on the Tuesday prior to Region, if necessary. For 2016 - 17 the meeting will be at Copper Hills High School on February 21st, 2017 at 3:30 PM. All coaches should be present to help with preparing the Region Tournament. All coaches should submit 30 impromptu topics - 10 famous quotations, 10 social value topics, and 10 abstract/one word topics. All coaches should have available Original Oratory manuscripts with bibliography at the Region Tournament.

4. **Entry limits:** Each school will be allotted four (4) entries each in Policy Debate, Public Forum and Lincoln-Douglas Debate. Each school will be allotted three (3) entries each in National Extemp, International Extemp, Impromptu Speaking, Original Oratory and Student Congress. No double entries will be allowed at Region.

5. **Registration:** Registration entries must be submitted to the Region Representative 8 days prior to the Region planning meeting to facilitate securing rooms, producing tournament materials, ordering food, etc. Registration entries may be submitted by computer on Tabroom by agreement of all coaches.

6. **Topics:** The NSDA topic will be used for Policy Debate, the NSDA March/April topic will be used for Lincoln-Douglas Debate, and the NSDA March topic will be used for Public Forum. Extemp topics for the Region Tournament will be taken from the NFHS topic list for months prior to March.

7. **Event Rules:** All events will follow State rules of procedure with the exception of Student Congress, which will follow NSDA rules. Basic procedures for student Congress are detailed below in Rule 10.

8. **Electronics:** As per NSDA rules, laptops are allowed in all events, except Impromptu Speaking and Original Oratory, with the stipulation that all internet capability must be disabled.

9. **Appropriateness of Materials:** Coaches are responsible for ensuring appropriateness of materials, including, but not limited to oratory topics.

10. **Student Congress Procedures:**

    A. All contestants will be placed in a single house of two (2) sessions. Each session will have a maximum time of 2 1/2 hours.

    B. Each piece of legislation may be discussed for a maximum of 45 minutes.
C. A seating chart will be used and seating will be rotated for the second session.

D. Students needing proximity to a power supply should bring their own power strips to the tournament. They will not be provided by the Region.

E. One judge from each competing school will be used. Judges will not rank contestants from their own schools. The rankings from the other judges will be added to determine overall rankings for each contestant. If available, a different set of judges will be used for the second session. Schools are encouraged to bring specific judges with experience in Student Congress.

F. Schools may submit two pieces of legislation which must be taken from the UDCA approved docket to the Region Chair 2 weeks prior to the Region Tournament. Legislation should be submitted electronically. Schools submitting legislation will be given the authorship speeches on those pieces of legislation. This legislation will be forwarded to all schools 10 days prior to the Region Tournament. Schools not meeting the deadline for submitting legislation will not be allowed to submit legislation.

G. The order of the docket for the first Student Congress session will be determined in a random drawing at the Region pairing meeting. The order of the docket for the second round of legislation (to be considered after the first round is exhausted) will be determined in a second random drawing at the Region pairing meeting.

H. Strict speech priority will be enforced and will continue through both sessions.

I. All speeches on legislation will be three (3) minutes in length.

J. Proponent speeches on legislation will be offered by the school submitting the legislation. Proponent speeches will be followed by two (2) minutes of questions. The first opponent speech will also be followed by two (2) minutes of questions. Each speech thereafter may have a one (1) minute question period at the discretion of the chair.

K. Chairs will be selected by a vote of the body. No student will serve as chair for more than one hour. Chairing will count as a speech for both priority and judging purposes.

L. Students may not remove an obstructionist without approval of the tabulation room.

11. Pairing procedures:

A. Debate, LD and Public Forum will compete in a five round tournament. The first two rounds will be randomly paired, with subsequent rounds paired from the results of the first two rounds on a one-round lag system. Every attempt will be made to pair each school against each of the other schools at least once in the two preset rounds. Speaker points will be used in pairing rounds, but will not be used to break ties in determining order of finishes. If a tie occurs, it will be announced as a tie and the next place will be skipped. So a two-way tie for first place would mean that the next ranking given would be third place. If a bye is necessary it will be drawn from eligible schools/teams. No team, individual or school may have more than one bye unless it cannot be avoided.

B. IE pairing: Up to four (4) rounds of each event will be held. Random pairing will be used but students from the same school will not be placed in the same round unless entries are so small that it is unavoidable. Every attempt will be made to have each student compete against at least one representative from each of the other schools during the tournament. Ratings (Superior, Excellent, Good, Fair) will not be used to break ties. If a tie occurs, it will be announced as a tie and the next place will be skipped. So a two-way tie for first place would mean that the next ranking given would be third place.

12. Judging requirements: It is recommended that all judges be two (2) years removed from high school. Judges should have some knowledge of speech and debate, whenever possible.
Judges should never judge students from their own school, a student whom they have coached, or a student for whom they would have a positive or negative bias. Judge requirements are:

A. One judge for every two or fraction thereof of policy debate teams.
B. One judge for any public forum entries.
C. One judge for four (4) IE contestants or fraction thereof.
D. One judge for any LD debaters.
E. One judge for student congress.
F. All judges must be available for all rounds held prior to the awards assembly, or until released by the tournament committee.
G. Judges should not be secured who have judged for another Region III school all year.
H. Schools not meeting judging requirements will be subject to the following sanctions:
   1. Contestants not covered by judges may be dropped after a vote of Region coaches.
   2. The school will be ineligible for Region Awards and State Qualification.

13. Scoring: The quartile system will be used and will be based on entries for the Region Tournament and not on potential entries. The top 1/4 of contestants in each event will receive superior ratings and five (5) points per person. The next 1/4 will receive excellent ratings and three (3) points per person. The next 1/4 will receive good ratings and one (1) point per person. The final 1/4 will receive no sweepstakes points. Ties for quartiling will not be broken on speaker points or ratings. Quartiling will be adjusted in the direction which least skews the bracket. For example, if three (3) superiors are needed, but the choice is between two (2) superiors or seven (7) superiors, two (2) superiors would be given because that least skews the bracket. The next bracket would then be adjusted accordingly.

<table>
<thead>
<tr>
<th>Rating</th>
<th>CX and PF Debate</th>
<th>Other Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Superior</td>
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<td>5</td>
</tr>
<tr>
<td>Excellent</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>Good</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Fair</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

14. Certification of results: Results of the Region Tournament will be reviewed and approved by all coaches. Questions or disputes must be resolved before any results are announced.

15. State Entries: Must be forwarded to the Region Representative no later than Wednesday, March 2, 2016 at 3 PM.

16. Region Awards:
A. Team Awards: Sweepstakes trophies will be awarded for Debate Sweepstakes (including Policy Debate, Lincoln-Douglas Debate and Public Forum Debate), for Speech Sweepstakes (including Original Oratory, National Extemp, International Extemp, Impromptu Speaking and Student Congress), and overall Region Sweepstakes, which combines the points from Debate and Speech Sweepstakes. If two schools tie for either 1st or 2nd place sweepstakes, the following
tie-breaking procedure will be followed: The lowest total ranking score in all events wins the tie. Policy, Public Forum and Lincoln-Douglas Debate will be broken with 1 for each win and 3 for each loss. Congress will quartile by judge. Ties for the final full slate qualification spot will be broken by the same procedure if required by the UHSAA.

B. **Individual Awards:** First through fifth places will be awarded in all events. Ties will not be broken and duplicate medals will be awarded when necessary. Medals will not be engraved. This would result in the following medals count: Policy debate – places one through five with two (2) medals for each place since each team has two members; Lincoln-Douglas Debate – one medal for places one through five; Public Forum Debate – places one through five with two (2) medals for each place since each team has two members; Original Oratory – one medal for each place one through five; Impromptu Speaking – one medal for each place one through five; National Extemporaneous Speaking – one medal for each place one through five; International Extemporaneous Speaking – one medal for each place one through five; Student Congress – one medal for each place one through five.

C. Region certificates will be awarded to all participants who achieve a rating of good or higher.

1. **Rules Arbitration:** The Region Activity Chairperson will be present or on call during the Region Tournament to help resolve disputes over interpretation and application of rules. The default resolution will be to comply, as closely as possible, with State Forensics Tournament rules. When no resolution is possible by consulting these sources, region coaches will vote to resolve the dispute and the resolution will be considered for addition to Region Tournament procedures for the following year.

2. **Region Costs:** Region schools will pay their own judges and then submit that cost to the Region Activity Chairperson. The Region will then reimburse schools for judge costs. The Region will also cover the costs of awards and lunch and snacks for region coaches and judges at the Region Tournament. The Region host should save all receipts and submit them to the Region Activity Chairperson.

### Awards Summary:

<table>
<thead>
<tr>
<th>Event</th>
<th>Places</th>
<th>Medals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Policy Debate</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; through 5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Two for each place</td>
</tr>
<tr>
<td>Public Forum Debate</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; through 5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Two for each place</td>
</tr>
<tr>
<td>Lincoln-Douglas Debate</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; through 5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>One for each place</td>
</tr>
<tr>
<td>Student Congress</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; through 5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>One for each place</td>
</tr>
<tr>
<td>National Extemp Speaking</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; through 5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>One for each place</td>
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<tr>
<td>International Extemp Speaking</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; through 5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>One for each place</td>
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<tr>
<td>Original Oratory</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; through 5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>One for each place</td>
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<tr>
<td>Impromptu Speaking</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; through 5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>One for each place</td>
</tr>
</tbody>
</table>

One Debate Sweepstakes Trophy
One Speech Sweepstakes Trophy
One Overall Sweepstakes Trophy
**Swimming Policies 2016-2017**

Region Activities Chairperson: Cindy Hanson (Cynthia.hanson@canyonsdistrict.org)
Brighton High School- 801-826-5813 (phone) 801-826-5809 (fax)

1. Monday, October 3rd, 2016, will be the first day of practice/team selection and Friday, November 4th, 2016, will be the first date a swimming meet may be held.
2. A maximum of fourteen (14) meets will be held. All region meets begin at 3:30.
3. The Region Championships will be held on Friday, January 27th, 2017, at the South Davis Recreational Center. Warm-up begins at 3:00 PM with the meet beginning at 4:30 PM.
4. The State Championship Meet will be held at Brigham Young University on February 9th and 10th, 2017.
5. Each team in the region shall have a current version of Hy-Tek meet manager and team manager software. Home team will be in the odd lanes, the visiting team in the even lanes.
6. Each school’s entries for the Region Championship will be limited to all official entries in each individual event and each relay. All times must be the best time from meets during the current season.
   a. All swimmers must meet eligibility requirements as per National Federation Rules.
   b. The top four (4) swimmers from each pool may score towards the Region Championship.
   c. Scoring format will be sixteen (16) places (as per National Federation rules for a (10) lane pool.).
   d. Entries are due Tuesday, January 24th, 2017, by 7 PM. Please email to toddetherington@hotmail.com.
7. All hosting schools of dual meets will have the following:

<table>
<thead>
<tr>
<th></th>
<th>Dual Meets</th>
<th>Regional Championship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Starter</td>
<td>$40.00</td>
<td>$60.00</td>
</tr>
<tr>
<td>Referee</td>
<td>$40.00</td>
<td>$60.00</td>
</tr>
<tr>
<td>Stroke Judge</td>
<td>$40.00</td>
<td>$30.00 (10)</td>
</tr>
<tr>
<td>Head Timer</td>
<td>$40.00</td>
<td>$40.00 (2)</td>
</tr>
<tr>
<td>Announcer</td>
<td></td>
<td>$30.00</td>
</tr>
<tr>
<td>Hospitality</td>
<td></td>
<td>$30.00</td>
</tr>
<tr>
<td>Meet Director</td>
<td></td>
<td>$150.00</td>
</tr>
</tbody>
</table>

Academic All-Region names (Seniors only, 3.75 overall GPA or higher) must be submitted by Wednesday, January 18th, 2017 to Andee Bouwhuis (andrea.bouwhuis@jordandistrict.org).
Swimming Schedule 2016-17

Thursday, November 10th, 2016
Taylorsville @ West Jordan

Thursday, November 17th, 2016
Cottonwood @ Bingham
Jordan @ Brighton
Copper Hills @ Taylorsville

Thursday, December 1st, 2016
Bingham @ Copper Hills
Cottonwood @ Taylorsville
West Jordan @ Jordan

Thursday, December 8th, 2016
Bingham @ Jordan
Brighton @ Taylorsville
West Jordan @ Cottonwood

Thursday, December 15, 2016
Taylorsville @ Bingham
Brighton at West Jordan
Jordan @ Copper Hills

Thursday, January 5th, 2017
Bingham @ West Jordan
Copper Hills @ Brighton
Jordan @ Cottonwood

Thursday, January 12th, 2017
Cottonwood @ Brighton
West Jordan @ Copper Hills
Taylorsville @ Jordan

Thursday, January 19th, 2017
Brighton @ Bingham
Copper Hills @ Cottonwood

Region Championships @ South Davis Recreation Center, Friday, January 27th, 2017. Warm up at 3:00 PM and meet at 4:30 PM.

5A State Championships @ BYU. Thursday, February 9th and Friday, February 10th, 2017.
Tennis Boys Schedule 2016-2017

Practice Begins: February 27

**March 7**
Cottonwood @ Jordan
West Jordan @ Copper Hills
Brighton @ Bingham
Taylorsville – Bye

**March 9**
Bingham @ Jordan
Copper Hills @ Cottonwood
Taylorsville @ Brighton
West Jordan – Bye

**March 14**
Jordan @ Taylorsville
Cottonwood @ West Jordan
Bingham @ Copper Hills
Brighton – Bye

**March 16**
Taylorsville @ Copper Hills
West Jordan @ Bingham
Brighton @ Jordan
Cottonwood – Bye

**March 21**
Taylorsville @ West Jordan
Brighton @ Copper Hills
Bingham @ Cottonwood
Jordan – Bye

**March 23**
Brighton @ West Jordan
Cottonwood @ Taylorsville
Jordan @ Copper Hills
Bingham – Bye

**March 28**
West Jordan @ Jordan

**April 4**
Taylorsville @ Bingham

**April 11**
Brighton @ Cottonwood

First Match: March 7

**April 18**
Jordan @ Cottonwood
Bingham @ Brighton
Copper Hills @ West Jordan
Taylorsville – Bye

**April 20**
Jordan @ Bingham
Cottonwood @ Copper Hills
Brighton @ Taylorsville
West Jordan – Bye

**April 25**
Taylorsville @ Jordan
Copper Hills @ Bingham
West Jordan @ Cottonwood
Brighton – Bye

**April 27**
Copper Hills @ Taylorsville
Bingham @ West Jordan
Jordan @ Brighton
Cottonwood – Bye

**May 2**
West Jordan @ Taylorsville
Brighton @ Copper Hills
Cottonwood @ Bingham
Jordan – Bye

**May 4**
West Jordan @ Brighton
Taylorsville @ Cottonwood
Copper Hills @ Jordan
Bingham – Bye

**May 9**
Cottonwood @ Brighton
Jordan @ West Jordan
Bingham @ Taylorsville
Copper Hills – Bye

Region III Tournament – May 11 - 12 @ Brighton
State 5A Tournament – May 18 & 20 @ Liberty Park
# Tennis Girls Schedule 2016-2017

## Practice Begins: August 1

### August 9
- Cottonwood @ Jordan
- West Jordan @ Copper Hills
- Brighton @ Bingham
- Taylorsville – Bye

### August 11
- Bingham @ Jordan
- Copper Hills @ Cottonwood
- Taylorsville @ Brighton
- West Jordan – Bye

### August 16
- Jordan @ Taylorsville
- Cottonwood @ West Jordan
- Bingham @ Copper Hills
- Brighton – Bye

### August 18
- Taylorsville @ Copper Hills
- West Jordan @ Bingham
- Brighton @ Jordan
- Cottonwood – Bye

### August 23
- Brighton @ Cottonwood
- West Jordan @ Jordan
- Taylorsville @ Bingham
- Copper Hills – Bye

### August 25
- Taylorsville @ West Jordan
- Copper Hills @ Brighton
- Bingham @ Cottonwood
- Jordan – Bye

### August 30
- Brighton @ West Jordan
- Cottonwood @ Taylorsville
- Jordan @ Copper Hills
- Bingham – Bye

## First Match: August 9

### September 1
- Jordan @ Cottonwood
- Bingham @ Brighton
- Copper Hills @ West Jordan
- Taylorsville – Bye

### September 6
- Jordan @ Bingham
- Cottonwood @ Copper Hills
- Brighton @ Taylorsville
- West Jordan – Bye

### September 8
- Taylorsville @ Jordan
- Copper Hills @ Bingham
- West Jordan @ Cottonwood
- Brighton – Bye

### September 13
- Copper Hills @ Taylorsville
- Bingham @ West Jordan
- Jordan @ Brighton
- Cottonwood – Bye

### September 15
- Cottonwood @ Bingham
- Brighton @ Copper Hills
- West Jordan @ Taylorsville
- Jordan- Bye

### September 20
- West Jordan @ Brighton
- Taylorsville @ Cottonwood
- Copper Hills @ Jordan
- Bingham – Bye

### September 22
- Cottonwood @ Brighton
- Jordan @ West Jordan
- Bingham @ Taylorsville
- Copper Hills - Bye

**Region III Tournament** – September 28-29 @ Brighton

**State 5A Tournament** – October 4 & 7 @ Liberty Park
Tennis Contact List
2014-2015 Region III

Brighton-Boys and Girls: Natalie Meyer
Natalie.Meyer@canyonsdistrict.org
school: 801-826-5800
cell: 801-5587029

Bingham-Boys and Girls: Steve Peterson
PetersonSN@ldschurch.org
school: 801-256-5100

Copper Hills-Boys and Girls: Chad Lassiter
lassiter@leyah.com
school: 801-256-5300
cell: 801-635-8931

Cottonwood: Boys: Rob Maughan
drmaughanjr@graniteschools.org
cell: 435-609-9034
Girls: Alissa Smith

Jordan-Boys and Girls: Matt Bell
Matthew.Bell@canyonsdistrict.org
cell: 801-706-6859

Taylorsville-Boys and Girls: Rebecca Elkins
rselkins@graniteschools.org
cell: 803-397-4793

West Jordan-Boys and Girls: Mitch Long
Clinton.2.long@ampf.com
cell: 801-809-2978

Tennis Chair-Boys: Dave Tilby West Jordan
david.tilby@jordandistridct.org
school: 801-256-5615
cell: 801-244-1719

Boys coach rep: Natalie Meyer
Girls coach rep: Matt Bell
Track and Field Policies

1. Athletes may participate in no more than 12 meets, not including Region and State as per UHSAA Rules. Six of those meets may be State Qualifiers. There is NO starting date for practice.
2. Track meets for boys and girls are to be conducted concurrently.
3. The first meet may be held no earlier than March 9, 2016.
4. Track meets will start at 3:30 pm with the exception of the Region Meet, which may begin at 1:30 pm for field events and 2:00 pm for running events. The Region JV Meet will start at 3:00 pm.
5. The Region will provide the following awards:
   a. Region JV Meet ribbons for the first six places in individual events and first place in relays.
   b. Region Championship Meets: Trophy for first place boys’ team and first place girls’ team; Medals for first six places in individual events and first three places in relays.
   c. The top 8 places will be scored in the Region Meet for individuals and top 7 for relay events. Individual scoring is 10, 8, 6, 5, 4, 3, 2, 1. Scoring for relays is 10, 8, 6, 5, 4, 3, 2.
   d. Each school is allowed 5 competitors per event in the Region Championship Meet and one relay team.
6. Responsibility of deciding whether a meet should be cancelled (or postponed) due to weather rests with the host school. However, input from other participating schools should be obtained whenever possible. The final decision rests with the host school’s principal. Schools who must cancel meets because of weather will not be required to reschedule them, however, they should make an effort to do so if possible.
7. The Region JV meet is only for those athletes not participating in the Region Meet.
8. It is the responsibility of each coach to submit the names of seniors with a 3.75 or above cumulative GPA at the seeding meeting for academic certificates.
9. The top 3 participants (designated ‘varsity’ scorers) in lane races and all distance competitors (800m and above) will be required to be ‘stickered’ with regular file-folder labels at each meet in the Region including the Region Championship meet. Stickers are to be provided by each school’s coaching staff.
10. Visiting schools should provide one responsible helper at the finish line for away meets. And help with at least one field event.
11. In the Region Meet all athletes must be in uniform according to NFHS rules. Any exceptions to this rule due to extraordinary circumstances must be approved in advance by the Region Chair.
12. A maximum budget of $300 will be paid by the Region for the funding of the Region JV Meet. This is to pay for awards and a starter and head finish judge. Each school will be required to bring 2 adults and 2 student-athletes to help run the meet. School assignments will be the same as the Region Meet. The 2016 JV Meet will be held on May 17. Schools should arrive with the pertinent section of the rulebook in hand to run their event. Clipboards and event sheets will be provided by the host school and officials will bring their own tapes and field markers. These assignments will remain standard from year to year.
13. Contest Limitations: Track: 12 meets per individual for 3A, 4A & 5A. An individual may participate in no more than six qualifying meets in addition to the region meet.
Volleyball Policies

1. Rally scoring will be in effect this year and must follow National Federation rules. All varsity matches will be best three (3) out of five (5) games. Games 1-4 shall be played to 25 points (no cap), the fifth and deciding game shall be played to 15 points (no cap).
   a. Sub-varsity (sophomore) matches: games 1 & 2 are to 25 points capped at 27, game 3, 4, 5, score to 15 points capped at 17.
   b. Sub-varsity (JV) matches: games 1 & 2 are to 25 points capped at 27, game 3, 4, 5, score to 15 points capped at 17.
   c. Each team will be allowed two (2) timeouts per game.
   d. Let serve shall be allowed. Follow UHASSA rules.

2. Region play will begin September 8, 2016. All matches will be played on either Tuesdays or Thursdays. Game times will be SOPHOMORE at 3:30 p.m., JUNIOR VARSITY at 4:45 p.m., and VARSITY at 6:00 p.m. NOTE: Sub-varsity matches will not exceed their time allotted.

3. Varsity teams may leave the court for 5 minutes between game 2 & 3.

4. Seeding for the State Tournament will be determined by the standing in region play.

5. The contest limitation for volleyball will be 14 matches and two (2) tournaments with the following guidelines for tournaments: no more than nine (9) total matches in a tournament, no more than seven (7) matches in a given day, and tournaments may not exceed three (3) days.

6. Seniors will not be allowed to play Junior Varsity unless by prior discussion with the Head Coaches a day in advance.

7. Court: courts will be available thirty (30) minutes prior to game time.

8. Net time will be four (4) minutes for home team, four (4) minutes for visiting team and two (2) minutes shared serving.

9. Senior Night recognition will be kept to a 10 minute maximum.

10. Food: Sack lunches may be brought into the gym area. Please do not bring crockpots and ask for tables to be set up for food.
<table>
<thead>
<tr>
<th>Date</th>
<th>Matchups</th>
</tr>
</thead>
</table>
| Thursday, September 8th | Cottonwood @ Copper Hills  
Taylorsville @ West Jordan  
Brighton @ Jordan  
Bingham – BYE |
| Tuesday, October 4th    | Copper Hills @ Cottonwood  
West Jordan @ Taylorsville  
Jordan @ Brighton  
Bingham BYE |
| Tuesday, September 13th | Copper Hills @ Bingham  
West Jordan @ Cottonwood  
Jordan @ Taylorsville  
Brighton – BYE |
| Thursday, October 6th   | Bingham @ Copper Hills  
Cottonwood @ West Jordan  
Taylorsville @ Jordan  
Brighton – BYE |
| Thursday, September 15th| Bingham @ West Jordan  
Cottonwood @ Jordan  
Taylorsville @ Brighton  
Copper Hills – BYE |
| Thursday, October 11th  | West Jordan @ Bingham  
Jordan @ Cottonwood  
Brighton @ Taylorsville  
Copper Hills – BYE |
| Tuesday, September 20th | West Jordan @ Copper Hills  
Jordan @ Bingham  
Brighton @ Cottonwood  
Taylorsville – BYE |
| Tuesday, October 13th   | Copper Hills @ West Jordan  
Bingham @ Jordan  
Cottonwood @ Brighton  
Taylorsville – BYE |
| Thursday, September 22nd| Copper Hills @ Jordan  
Bingham @ Brighton  
Cottonwood @ Taylorsville  
West Jordan – BYE |
| Tuesday, October 18th   | Jordan @ Copper Hills  
Brighton @ Bingham  
Taylorsville @ Cottonwood  
West Jordan – BYE |
| Tuesday, September 27th | Jordan @ West Jordan  
Brighton @ Copper Hills  
Taylorsville @ Bingham  
Cottonwood – BYE |
| Tuesday, October 25th   | West Jordan @ Jordan  
Copper Hills @ Brighton  
Bingham @ Taylorsville  
Cottonwood – BYE |
| Thursday, September 29th| West Jordan @ Brighton  
Copper Hills @ Taylorsville  
Bingham @ Cottonwood  
Jordan - BYE |
| Thursday, October 27th  | Brighton @ West Jordan  
Taylorsville @ Copper Hills  
Cottonwood @ Bingham  
Jordan – BYE |


Wrestling Polices

1. The first wrestling match of the year cannot be held prior to November 24, 2015.

2. Starting time for Region III matches will be as follows:
   
   a. Weigh-ins: 4:00 P.M.
   b. JV Matches: 5:00 P.M.
   c. Varsity Matches: 7:00 P.M.

   The gym must be cleared of all other activities by 4:00 P.M. so it can be set up for dual matches. A change in starting time will require agreement between the principals of the two schools involved. Changes in dates of activities require the approval of the Region III Board of Managers. Host schools are responsible to notify the arbiter of any time or date changes.

3. The NFHS rulebook will be followed for all rules, including weight classes, weight control, weigh-ins, tournament scoring, and every other situation unless otherwise directed by the UHSAA.
   
   a. There is to be no weight allowance given, unless there are dual matches or tournaments on consecutive days. A coach must contact the opposing coach 24 hours in advance, if this situation occurs. A one-pound allowance per consecutive days of competition is the maximum authorized. No more than two pounds weight allowance will be allowed for consecutive days of competition.
   
   b. Each wrestler is required to have at least one official weigh-in before being entered in the region tournament. No weigh-ins will be counted as official until after the wrestler has successfully completed the UHSAA Body Fat Composition Test to determine a minimum weight. Further rules regarding the UHSAA Weight Control Program are found at www.uhsaa.org in the wrestling section. TEST DAYS ARE NOVEMBER 13-14, 2015.
   
   c. Platform scales must be certified before the first home meet each year.
   
   d. The officials for all region and practice matches will be assigned by the state arbiter for varsity, junior varsity, and sophomore meets. All officials must be certified.
   

4. Coaches will exchange line-ups by fax/e-mail before 12:00 P.M. on the day of the match; line-up should include varsity, JV, and extras.

5. If a wrestler is unable to compete in the State Tournament Meet, then the wrestler’s coach must notify the Region III Chairperson and the replacement wrestler’s coach immediately. The Region 5th place wrestler should be available to fill in a possible default in the tournament bracket at the State Tournament Meet.
**Region Varsity Tournament**

A. Each school may enter two wrestlers per weight division. The Region Wrestling Tournament will be a sixteen-man bracket that is scored according to NFHS rules.

B. Wrestlers will be seeded into the tournament using the following criteria: common sense/head to head competition/previous region place/previous state place. Any changes to the seeding after the seeding meeting has been held must be put before a committee consisting of a representative head coach from each school and the region chair.

C. Attempts will be made to separate wrestlers from the same schools into opposite halves of the bracket.

D. All rounds will be scored in the tournament.

E. Weigh-ins will be conducted each day no less than one hour before the start of wrestling.

F. The seeding meeting will under the direction of the host school using TRACKWRESTLING with the head coach and region chair doing the pre-seeding. Byes will be drawn and as equal as possible.

G. Each coach will be required to bring to the Region Open Tournament an up-to-date Alpha Master Sheet for his team. Listed on that sheet should be each wrestler’s region win/loss record with their opponents name and school. This should include all region duals highlighted with the weight in which the wrestlers competed. The director of the Region Meet will submit the weigh-in sheets to the state officials at the State Tournament.

H. Advancement points will be awarded retroactively to wrestlers who receive byes and then win their subsequent match.

I. Awards presented and provided by the host school:
   a. Outstanding Coaches Trophy
   b. Dual Meet Champion Trophy

J. Awards presented and provided by Region III:
   a. Region Tournament trophy and medals for first through sixth place.
   b. An outstanding wrestler for the upper and lower weights.
   c. Academic All-Region certificates will be awarded before the finals of the Region Tournament. The criteria for the award are: Any wrestler who wrestles in the Region Tournament with a 3.7 GPA. Names must be submitted to the Region Tournament Director at the seeding meeting. The host school will prepare the Academic All-Region certificates.

K. The host school will set region tournament times.
L. The organizer(s) of the Region III Varsity Wrestling Tournament will receive a stipend of $800.00 from the Region. The region will subsidize the hospitality room for coaches and officials. TRACKWRESTLING will be used to seed and run the region meet at a cost of $150.00, which will be subsidized by the region.

M. Coaches must submit a team picture by January 15th to the host school if they wish to have a team picture in the region program.

**Region Open Tournament**

A. This tournament is not limited to sixteen (16) entries.

B. Reminder---this tournament will count toward the twenty-four (24)-encounter limit.

C. Eligible wrestlers for the open tournament are: Freshmen, sophomores, juniors and seniors are eligible. Varsity wrestlers may compete if they have no region wins at any weight. A wrestler may choose to participate in the region open tournament in lieu of the region tournament if they have a region win in any weight.

D. No team points will be scored.

E. The host school (from the Region), will provide medals for the top 4 in each weight division.

The open tournament will be held at Jordan High School. All non-varsity and varsity wrestlers with no region wins will be eligible to participate. The tournament will be seeded as far as is possible and will be double elimination for all participants. Seeding information needs to be given to the tournament director by January

**Contest Limitations:**
24 credits per wrestler. All tournaments count as three credits. Individuals may compete in no more than six tournaments per season. Three of the six tournaments may be dual tournaments.
2016-17 Wrestling Schedule
Tom Sherwood – Jordan HS Region III Rep
tom.sherwood@canyonsdistrict.org
Tryouts – Monday, November 7th
Hydration – November 18th-19th
First Contest – Tuesday, November 22th

Moratoriums
November 24th – 27th
December 23rd – 27th
January 1st

Wednesday, November 30th
West Jordan @ Cottonwood

Thursday, December 1st
Jordan @ Taylorsville

Thursday, December 8th
Taylorsville @ Brighton
Copper Hills @ Cottonwood

Wednesday, December 14th
Cottonwood @ Brighton
Bingham @ West Jordan

Thursday, December 15th
Taylorsville @ Copper Hills
West Jordan @ Jordan

Wednesday, December 21st
Copper Hills @ Bingham

Thursday, December 22nd
Jordan @ Cottonwood

Wednesday, January 11th
Cottonwood @ Bingham
Brighton @ West Jordan
Jordan @ Copper Hills

Thursday, January 12th
Cottonwood @ Taylorsville
Bingham @ Brighton

Wednesday, January 18th
Brighton @ Copper Hills
Taylorsville @ West Jordan

Thursday, January 19th
Bingham @ Jordan

Wednesday, January 25th
5A Dual State Round 1 & Qtr. Finals

Thursday, January 26th
5A Dual State Semis & Finals (location TBD)

Saturday, January 28th
JV Region Tournament @ Copper Hills

5A Divisional
Wednesday & Thursday, February 1st – 2nd
Locations TBD

5A State Tournament
Wednesday & Thursday, February 8th – 9th
@ Utah Valley University